

2015-16



Section V Boys Lacrosse Coaches' Handbook

<http://sportsfive.net>

March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

- MAR 2nd — Coaches' Meeting
- MAR 7th— First Practice (V/JV)
- MAR 12th— Rosters Due
- MAR 16th— First Scrimmages
(after 8 practices)
- MAR 18th—First Games
(after 10 practices)

April 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	29	29	30

- MAR 26-APR 3— Break

May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- MAY 1st— AA Nominations
- MAY 19th— Last Games (Var)
- MAY 20th— Seedings posted
- MAY 21st— Out-Bracket Class A
- MAY 22nd— Coaches' Mtg
- MAY 23rd— Out-Bracket B & C
- MAY 24th— Quarters (A)
- MAY 25th— Quarter (B & C)
- MAY 27th— Semi Finals (A)
- MAY 28th— Semi Finals (B&C)
- MAY 30th— Memorial Day
- MAY 31st— FINALS (A)

June 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

- JUN 1st— FINALS (B & C)
- JUN 4th— NYS Semi Quarters
- JUN 8th— NYS Semis
- JUN 11th— NYS FINALS



2015-2016 Boys Lacrosse Coaches' Handbook

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Mike Simon
mesimon70@aol.com

Lacrosse Coordinator

Cell: (315) 719-3102

Paul Wilson
wilson@sportsfive.net

Assistant Coordinator

Work: (585) 348-7316

Jim Zumbo
jzumbo@fairport.org

Executive Council Liaison

Work: (585) 421-2112

Karen Simon
ksimon72@aol.com

Logistics

Mike Torrelli
mtorrelli@fairport.org

Monroe Co. Co-Chairman

Ed Mulheron
edmulheron@gmail.com

Monroe Co. Co-Chairman

LJ Russell
ljrussell@genevacsd.org

Finger Lakes Chairman

Ken DiDomineck
kdidomineck@bathcsd.org

GRALL President

Brian Hobart
brianhobart@gmail.com

At Large

John Schembri
JSchembri@Penfield.edu

At Large

Fritz Kilian
fritz_kilian@bcsd.org

At Large

Kyle Wilson
kbarrett@sportsfive.net

Logistics

Rob Cantabene
rcantabene@gmail.com

GVLOA President (Liaison)

Team Directory

TEAM	HEAD COACH	CLASS	LEAGUE
Aquinas Institute	Grant Catalino	C	GRALL
Avon	Erik Schneider	C	GRALL
Batavia-Attica	Matt Landfried	C	Independent
Bath	Ken DiDomineck	C	GRALL
Bloomfield-Honeoye	Brandon Trombley	C	Finger Lakes
Brighton	Cory Holbrough	B	MC-2
Brockport	Scott Hopsicker	B	MC-3
Canandaigua	Ed Mulheron	B	MC-2
Churchville-Chili	Donald Benedict	B	MC-3
Eastridge	Matt Kleehammer	B	MC-3
Fairport	Mike Torrelli	A	MC-1
Gananda	Joe Sidari	C	Finger Lakes
Gates Chili	Jake Johnson	A	MC-3
Geneva	LJ Russell	C	Finger Lakes
Arcadia-Olympia	Josh Distin	A	MC-3
Athena-Odyssey	Andy Hilton	B	MC-3
Hilton	Dave Moore	A	MC-1
Honeoye Falls-Lima	Jack Beaney	B	MC-2
Irondequoit	Terry Coholan	B	MC-2
Livonia	Brett Wood	C	GRALL
Marcus Whitman	Ryan Kerrick	C	Finger Lakes
McQuaid Jesuit	Dan James	B	GRALL
Midlakes	Ben Clement	C	Finger Lakes
Mynderse Academy	Scott Sciera	C	Finger Lakes
Newark	Matt Groot	C	Finger Lakes
Palmyra-Macedon	Joe Hill	C	Finger Lakes
Penfield	John Schembri	A	MC-1
Penn Yan	Brian Hobart	C	Independent
Pittsford	Andrew Whipple	A	MC-1
Rush-Henrietta	Jim DeWald	A	MC-1
Webster Schroeder	Jason Mordaci	A	MC-1
Spencerport	Tim Britton	B	MC-3
Webster Thomas	Rob Ruller	B	MC-2
Victor	Jim Andre	B	MC-2
Waterloo	Matt Morrin	C	Finger Lakes
Wayne	Eric Carlsen	C	Finger Lakes

General Information

Schedules and Rosters

All Section Five Coaches are required to file final schedules and team rosters by the due dates stated below. Coaches should send in the information by email. Additions or deletions to schedules may not be changed after this date, except with the permission of Mike Simon. Rosters may change throughout the season after notifying Paul Wilson.

For **schedules** the following information is required:
Day, Date, Time, Home Team, Away Team and Location

For **rosters**, the following information is required:
Jersey Number (home and away if different), Name, Grade, Position

The screenshot shows a web page titled "SportsFive.NET ROSTERS". It displays two columns of player information for the "Bath" and "Penn Yan" teams. Each column lists jersey numbers, names, grades, and positions. The Bath team has 18 players listed, and the Penn Yan team has 18 players listed. The page includes a header with the SportsFive.NET logo and a footer with a URL.

Required	Due on or Before
Schedules	Sunday, Feb 21st
Rosters	Sunday, March 13th

Schedules and Rosters are to be sent to **Paul Wilson** at **wilson@sportsfive.net**

Game Reports

Reporters from **both teams are required to send in the results** of their games as soon after the game as possible. The minimum to be reported is the score of the game. Reporters must also send in information on who scored and goalie performances so that players can get the recognition that they deserve. Coaches should delegate this responsibility for reporting and should let Paul Wilson know the name of the reporter. See "Sports Reporter" Section. Any of the contact methods listed below will be acceptable.

Email	scores@sportsfive.net
Leave message at:	(585) 348-7316

The Winner Calls the Newspapers

The coach from the winning team calls the local newspaper with the score. This should be done right after reporting your score to the Section as the newspapers have strict deadlines.

Changes in Schedules

There are often weather related changes in the early part of the season. When such postponements or cancellations take place it is the responsibility of both coaches to notify Paul Wilson of the changes so that the web site and seeding databases can be up-to-date. Coaches that email changes to Sportsfive.net **two hours before game time** will have their information posted to the website before game time.

Officials

Games in Section Five are officiated by members of the Genesee Valley Lacrosse Officials Association (GVLOA). It is the home team's responsibility to notify the officials if weather or other problem forces a last minute schedule change. Unless special arrangements are made, the home team is responsible for scheduling and paying the officials. The rates for games and travel are governed by Section Five contracts and can be found on the Section Five Web Site. Login and password information is available from Frank Mangione that allow coaches and administrators access to the officials' scheduling software.

Genesee Valley Lacrosse Officials Association		
Assignors	Frank Mangione	fmangion@rochester.rr.com 585-451-4219
	Todd Lenhard	Lenhard@frontiernet.net 585-752-0796
Interpreter	John Price	refjp54@gmail.com 585-749-2464
President	Rob Cantabene	rcantabene@gmail.com
Web Site:	http://www.gvloa.org/	

For scheduling issues, please contact Frank Mangione first. For rules questions, interpretations contact John Price. For any other issues, please contact Rob Cantabene.

Sectional Tournament

Post Season Championships

The Section Five Lacrosse Tournament determines champions that move forward to the New York State tournament sponsored by the NYSPHSAA. There are three tournament classes (A, B and C) as determined by school size (BEDS numbers). Class A schools have student enrollments of 1,000 or more. Class B schools have 590 to 999 students and Class C schools have less than 490 students.



Pittsford has received approval from the Section Five Executive Committee to sponsor a "combined school" program with students from both Pittsford Sutherland and Pittsford Mendon playing on a "district team". Pittsford is therefore in Class A as their student populations are combined using the state formula. Honeoye and Bloomfield have received permission to join as a class C team. Greece has combined Odyssey and Athena for one Class B team and has combined Arcadia and Olympia for a Class A team.

McQuaid's BEDS number is doubled because they are a "single gender" school. BEDS numbers can be seen on the NYSPHSAA web site, at: <http://www.nysphsaa.org/Classifications>

Classification for Section Five and New York State Tournaments

Team	Students
Class A (1,000 and up)	
Fairport	1,543
Rush-Henrietta	1,227
Penfield	1,085
Webster Schroeder	1,054
Pittsford	1,043
Arcadia/Olympia	1,043
Hilton	1,032
Victor	1,032
Gates-Chili	1,027

Team	Students
Class B (590 to 999)	
Athena/Odyssey	989
Thomas	987
McQuaid Jesuit	970
Churchville-Chili	942
Spencerport	904
Irondequoit	893
Brockport	867
Canandaigua	846
Brighton	835
Eastridge	705
Honeoye Falls-Lima	606

Classification for Section Five and New York State Tournaments



Team	Students
Class C (0 to 589)	
UPrep	582
Wayne	551
Geneva	506
Batavia	496
Aquinas	472
Newark	470
Palmyra-Macedon	463
Penn Yan	430
Waterloo	416
Livonia	406
Midlakes	374
Bath-Haverling	350
Mynderse	295
Marcus Whitman	293
Bloomfield-Honeoye	269
Gananda	233
Avon	231

Section Five Tournament Brackets

The Section Five Lacrosse Tournaments will start on Saturday, May 21st and will end with the crowning of the Class B and C champions on Wednesday, June 1st.

There will be out bracket games for all three classes this year. All Class A teams will qualify for the tournament. All teams will qualify in Class B and only twelve teams will qualify in Class C. The out bracket games will be played on May 21st and May 23rd.

Quarter final games will be played on Tuesday, May 24th (Class A) and Wednesday, May 25th (Classes B and C) with the higher seeded teams hosting the games.

Semi final games for Class A will be played on May 27th at Webster Thomas (5:00 am and 7:00 pm). The Class B semi final games will be held at Fairport on May 23rd (11:00 pm and 1:30 pm). The first game will be at 11:00 and the second will be at 1:30. Class C will be played at Waterloo on May 23rd. The highest seeded team will play at 11:00. The second game will be played at 1:30.

The Championships will be held at St John Fisher College on Tuesday, May 31st with the Class A game at 7:00 and on Wednesday June 1st with the Class C at 4:30 and the Class B game at 7:00.

Tournament Seeding

For many years Section Five has used a "power based" seeding procedure which has been designed to reward teams for winning against "strong" teams while discouraging teams from seeking winning records by beating "weaker" teams.

A review of the "seeding vs winning" statistics shows that teams seeded in the upper half of the seeding almost always win, although the top teams are not always the ultimate champions. When it comes to tournament time, "anyone can win".



The system is not as complicated as it seems at first look. Perhaps the most difficult concept is that we must wait until the end of the season before knowing how the seeding will come out. This is because the final win-loss record for every team played must be determined before "seeding points" can be awarded.

Earning Points

Points earned are based on the final win/loss percentage for each opponent played. A team that has won 75% of its games gives its opponent 10 points if the opponent wins or 4 points if their opponent loses. A team under 75% but at least 50% gives 8 points for a win and 3 points for a loss. A team under 50% but at least 25% gives 6 points for a win and 2 points for a loss. Finally, a team under 25% gives 4 points for a win and 1 point for a loss.

The number of points earned by a team are then added together and divided by the number of games played so as to find the average points per game. The teams with the highest averages are seeded highest in the tournament.

Opponent's Final Record	Points Earned		
Win / Loss %	A Win is Worth	A Loss is Worth	A Tie is Worth
75% or more	10	4	7
50% to 75%	8	3	6
25% to 50%	6	2	4
under 25%	4	1	3

Tie Breaking Procedure

At the end of the regular season it is possible to have two or more teams tied in their seeding average. When this happens the following tie breaking procedure is used.

Steps	Tie Breaker
First check:	Head-to Head competition (winner advances)
If still tied:	Check each team's win/loss record
If still tied:	Number of wins against .750 teams
If still tied:	Number of wins against .500 teams
If still tied:	Number of wins against .250 teams
If still tied:	Number of wins against .000 teams
If still tied:	Coin toss by Lacrosse Coordinator

An Example

The following table is an example of how the seeding average was determined for Irondequoit in 1999.

NYSHSAA - Section V							
Tournament Seeding Database				Class A			
	Date	Opponent (W/L %)	Seeding Pts	Irondequoit	Opponent	Win	Lost
1	04/01/1999	Canandaigua (83%)	10	4	3	1	
2	04/03/1999	Geneva (50%)	8	9	4	1	
3	04/06/1999	Brighton (44%)	6	14	1	1	
4	04/08/1999	Webster (72%)	8	9	8	1	
5	04/13/1999	Fairport (50%)	8	8	6	1	
6	04/15/1999	Penfield (56%)	8	9	5	1	
7	04/24/1999	Ithaca (69%)	8	2	1	1	
8	04/27/1999	McQuaid (44%)	6	7	1	1	
9	04/29/1999	Rush-Henrietta (17%)	4	12	3	1	
10	05/04/1999	Pittsford (100%)	4	5	14		1
11	05/06/1999	Brighton (44%)	6	10	9	1	
12	05/08/1999	Webster (72%)	3	2	3		1
13	05/11/1999	Fairport (50%)	3	3	6		1
14	05/13/1999	Penfield (56%)	8	11	9	1	
15	05/18/1999	Rush-Henrietta (17%)	4	13	3	1	
16	05/20/1999	Pittsford (100%)	4	7	14		1
			Seeding Pts	Pts Scored	Pts Given	Won	Lost
			98	125	90	12	4
Average			6.1250	7.81	5.63	75%	

Irondequoit played 16 games in 1999 and ended their season with a 12-4 record

Average	Team	Record	Seed
7.2222	Pittsford	18-0	1
6.1250	Irondequoit	12-4	2
5.8889	Canandaigua	15-3	3
5.7778	Webster	13-5	4
5.0556	Fairport	9-9	5
4.8125	Penfield	9-7	6
4.1111	Brighton	8-10	-
3.8333	McQuaid Jesuit	8-10	-
3.2778	Rush-Henrietta	3-15	-

(75%). When they beat Canandaigua on April Fool's Day, they didn't know that at the end of the season Canandaigua would have a 15-3 record. As a result of that win Irondequoit earned 10 seeding points for beating a +75% team. Notice that later, when they beat R-H on April 29th, they earned 4 seeding points because the R-H team ended the season at under 25% (3-15).

In their next game, Irondequoit lost to Pittsford. Because Pittsford ended their season above 75%, Irondequoit earned 4 seeding points for that loss. Note that Irondequoit earned the same number of seeding points in their win against a "weak" team as they did in their loss to a "strong" team (4 points each).

When all the seeding points were added together (98 points) and divided by 16 (the number of games played) Irondequoit's average was 6.1250.

The Class A tournament was for 6 teams in 1999. The seeding is shown in the chart above.



Game Scores Are Needed

It is clear that proper seeding requires good information about games played throughout the season. The seeding procedure requires that all game results are tracked. It is particularly important to keep track of out of Section games as all games count toward seeding points.

This is why **coaches/reporters are required to report their scores after each game**. The directions for game reporting are found in this handbook or in the Coach's Area of the SportsFive.NET web site.

Team Responsibilities

There are a number of responsibilities required of a team playing in the tournament.

Each team will provide six new balls for each game. This will insure that there are an adequate number of balls for each end line. Ball retrievers will not be permitted.

Each team will provide school personnel for supervision at the game site. These chaperones must identify themselves to the site Athletic Director or Site Chairman at each game and are expected to sit or position themselves among their fans. It is the responsibility of the participating schools to ensure that their students and fans exhibit good behavior.

Out brackets and quarter final games

The higher seeded team will play the game at home. The home team will be responsible for ticket sales, site security, field preparation, scoreboard operation, public address operation and score table equipment (including horns). The home team will receive tickets, vouchers and instruction sheets at the awards meeting .



Semi final and Finals

The higher seeded team is the home team. Games will be played at neutral sites, but the home team will be responsible for horns for the table area.

Team Pictures for New York State Program

This year, for the first time, pictures and rosters of the Sectional Champions can only be submitted through the MaxPreps website. Teams must insure that their image and roster is up-to-date before the end of the sectional tournaments.

Spectators

Good sportsmanship is everyone's responsibility. Spectators at tournament contests are expected to exhibit proper behavior. Signs, banners and cheers are to be positive and supportive. Official school bands are permitted, but individual fans are not permitted to use noise makers or musical instruments at the games.

Admissions

The ticket price, set by the Section V Executive Council, is currently set at \$5.00. All prices are subject to change.

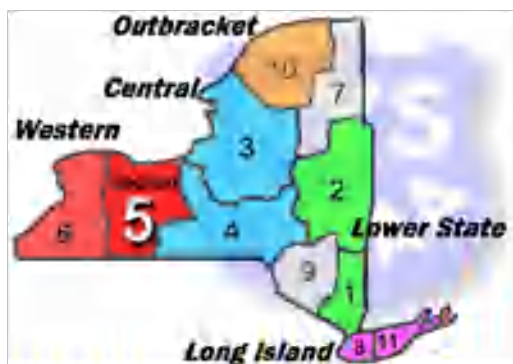
All Tournament Teams

An All Tournament Team and an MVP will be selected for each tournament and will be announced after each championship game.

NYS Tournament

NYSPHSAA Championships

After each participating section has determined their champions, games are conducted by NYS to crown State Champions in classes A, B and C.



There are five groups as demonstrated on the map to the left.

Western: Sections 5 and 6

Central: Sections 3 and 4

Lower State: Sections 1 and 2

Long Island: Sections 8 and 11

Out bracket: Sections 9 and 10

There are no teams playing in Section 7

Round 1 – Out bracket Games

There are a very few teams playing lacrosse in Sections 9 and 10. As of 2009 Sections 3, 4 and 10 take turns playing in the out bracket round and Sections 1, 2 and 9 take turns playing in the out bracket down state. The Western region (Sections 5 and 6) and the Long Island region no longer play in the out bracket rounds.

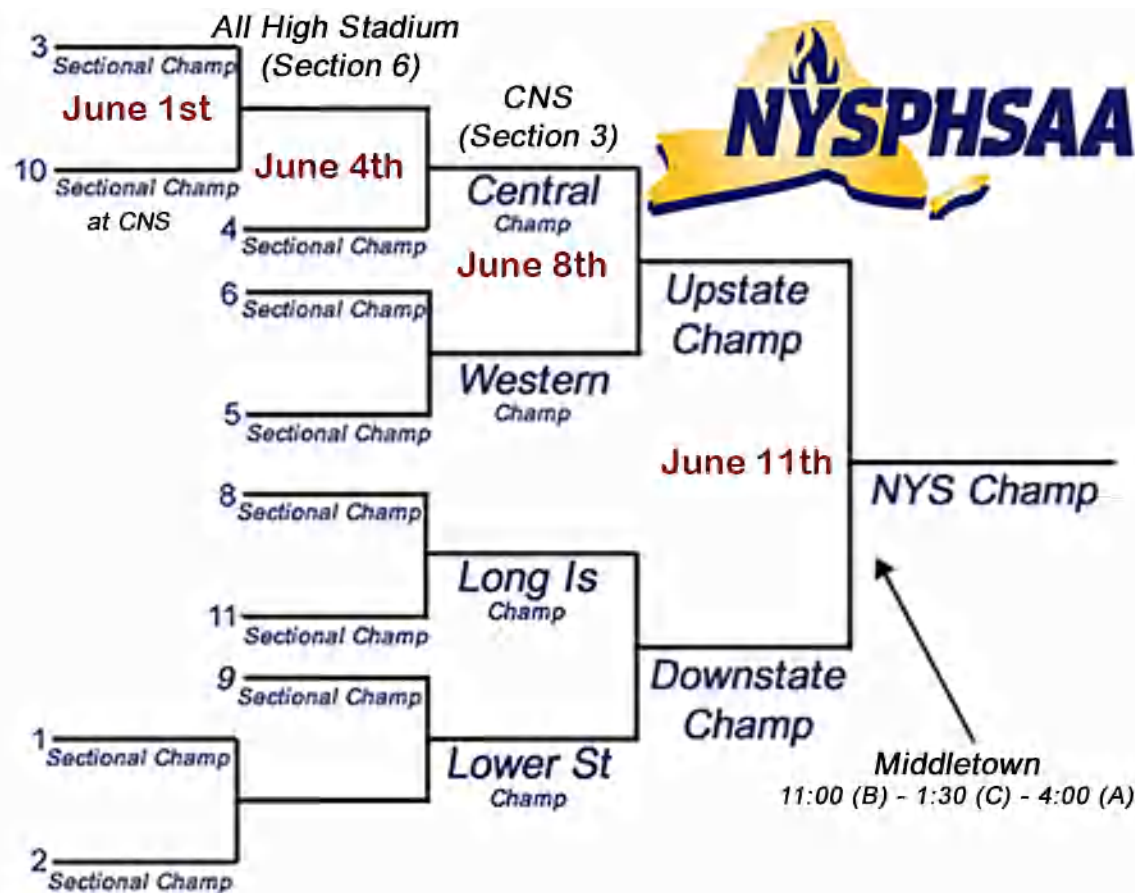
In 2016, Section 10 Champions in Classes B and C are scheduled to play out bracket games at CNS (Section 3) on Wednesday, June 1st. The Class B game will be played at 5:00 and the Class C game will be played at 7:00pm. Also on June 1st, Section 2 Champions in classes A, B and C will play at Yorktown (Section 1). The Class B game will be at 3:30, the Class C game at 5:30 and the Class A game at 8:00.



Round 2 – Regional Games

“Regional” games for each class will be played on Saturday, June 4th in what some call the “State Quarter finals”. The Class A “Western Regional Championship” game will be played at 6:00 pm, the Class B game at 1:00 and the Class C game at 3:30. These games will be played at All High Stadium (Section 6) this year.

In other parts of the State, Sections 3/4/10 will play for the “Central Championship” at CNS. Sections 8 and 11 will play for the “Long Island Championship” at Hofstra. Sections 1/9/2 for the “Lower State Championship” at Dietz Stadium.



Round 3 – Semi Final Games

The “East and West” Championships will be played in each class on Wednesday, June 8th. The Western Regional Champions will play against the Central Champions at CNS (Section 3) with Class B at 3:30 pm, Class C at 1:30 pm and Class A at 8:00 pm. These games will crown the “Upstate Champions”.

The “Downstate Championships” will be played at Hofstra at the same times as above.

Round 4 – New York State Championships

The Championship games for each Class will be played at Middletown High School on Saturday, June 11th with the Class B game starting at 11:00 am, the Class C game at 1:30 pm and the Class A game at 4:00 pm.

General Information

Each Sectional Championship team will receive a packet of specific information. What follows is some of the information found in that packet. Winning coaches should carefully review the materials and ask Mike Simon for help as needed.

Admission

An admission is charged for game days. Out bracket and quarter final games prices are set by the Section hosting the games. Admission to the Semifinal and Championship games are set by the NYSPHSAA and will be \$8.00.

Code of Conduct / Medical Release Forms

All student athletes and coaches participating in any post-sectional competition must present a signed NYSPHSAA "Code of Conduct/Medical Release" form to the site chairperson in order to be eligible for competition.

It is strongly recommended that the Head Coach of each team keep a complete set of copies of these forms with him at each game. If the form for a student-athlete is not available, he will not be allowed to play in the game.

Supervision

Each participating school must provide school personnel for supervision. Chaperones must identify themselves to the site chairperson and sit or position themselves among their fans. It is the participating schools responsibilities to ensure their students and fans exhibit good behavior.

Signs and Cheering

All signs and cheers must be positive.

Table Personnel

The timekeeper and penalty clock operator shall be adults. Statisticians are not permitted at the table area.



Pre-Game Music

Pre-game music will be allowed at the discretion of the host chairman.

Home Team Color

The home team will wear white (or light colored) uniforms.

Post-Game Procedures

No water, Gator Aid, Ice, etc. shall be dumped on the coaches or players during or after the game. Post game interviews will be held at the end of the field. Coaches should clear the bench area in a timely manner.

Recommendations

Schools should hold to the original size of their teams and avoid the mass promotion of JV players for the tournament. The coaching staff and bench personnel should be limited to normal game day staff. A maximum of 30 players and 7 bench personnel are permitted (was previously 35 players). Head Coaches should remind Assistant Coaches that they must be courteous at all times.



Playing Rules

Playing Rules

All games played in the section are governed by the National Federation of State High School Associations (NFHS) 2016 Boys Lacrosse Rules Book. Every coach should have a copy of the rules book and should be familiar with the rules. The book is available for \$8.20 but members of the coaches' branch of US Lacrosse receive the book as a benefit. New York State makes changes in these rules from time to time.

The rule book can be purchased from:
<http://www.nfhs.com/c-198-boys-lacrosse.aspx>

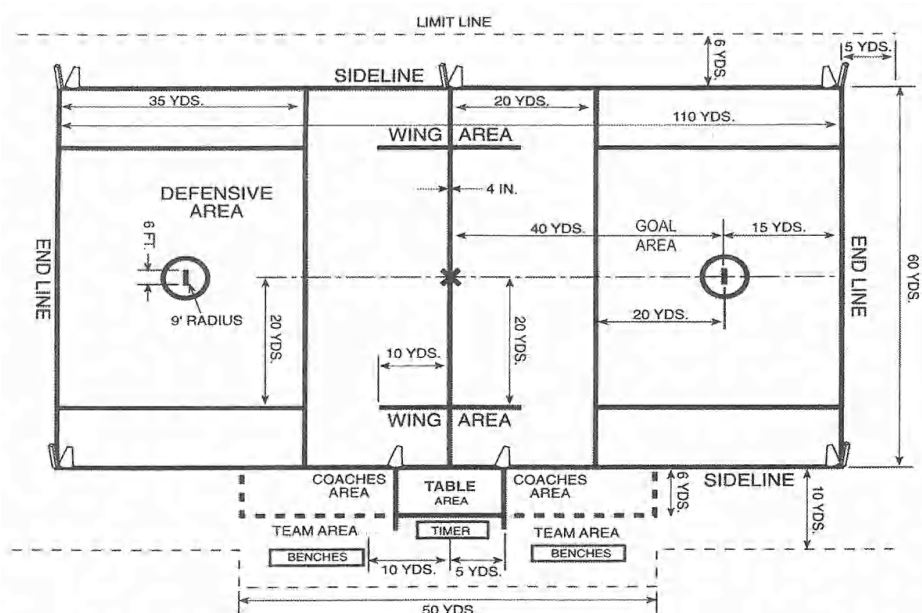
Rules Changes for 2016

A video covering the changes can be accessed from: <http://sportsfive.net/machform/view.php?id=9178>

A PowerPoint program is also available:
<http://sportsfive.net/features/downloads/2016%20LaxCon%20NFHS%20Presentation.pptx>

The rule changes are found in the appendix of this handbook or on-line at:

<http://www.nfhs.org/activities-sports/lacrosse-boys/>



Policies

Sportsmanship

"The Section V Athletic Association is committed to promoting the proper ideals of sportsmanship, ethical conduct and fair play at all sectional activities. We will oppose instances and activities which run counter to the best values of athletic competition in order to insure the well being of all individual players. We will expect acceptable standards of good citizenship and propriety with proper regard for the rights of others.



We are further committed to the belief that schools participating in sectional activities should be held responsible for the conduct of their players, coaches, faculty members, and spectators. Conduct which is detrimental to the educational value of athletic activities may be deemed just cause for the school's reprimand, probation [or] suspension from a particular sport, or suspension from sectional activities."



Thunder and Lightning Policy

"Thunder and/or Lightning necessitates that all contests be suspended. The occurrence of either thunder and/or lightning is not subject to interpretation or discussion. Thunder is thunder and lightning is lightning. If thunder and/or lightning is observed, all outdoor activities will be suspended immediately. Players and spectators shall be directed to a safe location. The officials and responsible authorities shall make every reasonable effort to resume and complete the contest, with full consideration of the weather and site conditions (as they affect safety and playing conditions). The official/coaches shall wait a minimum of 30 minutes from the time of the interruption before considering the resumption of play.

- A. If thunder and/or lightning is observed at the site of an outdoor contest by the officials, 30 or fewer minutes prior to the scheduled start of that contest, the official/coaches and the responsible school authorities shall not permit the contest to begin on that date until the weather has cleared or the conditions become playable.
- B. If thunder and/or lightning is observed at the site of an outdoor contest by the officials during the playing of the contest, the official / coaches shall immediately cease play for 30 minutes, then re-evaluate the situation. The rules of the particular sport shall determine whether the contest is "official" or must be resumed at a later date."

Revised: 2/13/02
3/11/05

Jewelry Rule

The NYSPHSAA has adopted the following universal jewelry rules to be enforced throughout each sports season including during the state tournament competition:

"JEWELRY RULE: No jewelry, which includes visible body piercing objects, shall be worn in any sport. Any piece of jewelry that is visible at the start of or during a contest is in violation of the NYSPHSAA Jewelry Rule. Religious medals must be taped to the body and under the uniform. Medical medals must be taped to the body so they are visible. Soft, pliable barrettes are permissible, body gems are not. Metal barrettes are permissible in Girls Gymnastics only. NOTE: The sports of Bowling and Golf are exempt from this rule."



In addition, be aware that Lacrosse Rule 1-10-2 (page 16) prohibits jewelry as well. The case book situation 1.10.2 (page 61) indicates that a player found wearing a leather choker should be given a non-releasable foul.

Disqualification of Coach or Athlete

If an athlete, Coach or a support team member of a team is removed from a contest a "Section V Athletic Association Disqualification Form" must be completed by the game official. Each team is required to have a blank copy of the form at each game. The form explains the procedures and timetables required.

After review of the disqualification form, the School Principal, Athletic Director and Superintendent must sign the "Disqualification Response Form" and return it to the Section Five Office.

Copies of both forms can be found in the appendix of this handbook.

Cardiac Automated External Defibrillators

In May 2002 legislation was enacted to add a new section 917 to the Education Law requiring school districts, BOCES, county vocational education and extension boards, and charter schools to provide and maintain on-site, in each instructional school facility, at least one functional automated external defibrillator (AED) for use during emergencies. The legislation also requires public school officials and administrators responsible for such school facilities to ensure the presence of at least one staff person who is trained in the operation and use of an AED.



Legislation: Education Law section 917 becomes effective September 1, 2002. However, in July 2002, the New York State Legislature passed an amendment to that law which allows school districts, BOCES, county vocational and extension boards, and charter schools that are unable to comply with the AED legislation by September 1, 2002 to delay implementation until December 1, 2002. Those wishing to delay implementation should certify to the Commissioner of Education that they are unable to comply by sending a letter to Commissioner Mills.

Requirements: The legislation requires public school officials and administrators responsible for public school facilities to ensure the presence of at least one staff person who is trained in the operation and use of an AED:

- whenever public school facilities are used for school-sponsored or school-approved curricular or extracurricular events or activities, or
- whenever a school-sponsored athletic contest is held at any location.

Where a school-sponsored competitive athletic event is held at a site other than a public school facility, the public school officials must assure that AED equipment is provided on-site.

Heat and Cold Policies

The New York State Public High School Athletic Association adopted new procedures for playing and practicing under extreme heat or cold. The two policies using data from [acuweather.com](http://www.acuweather.com) determine if a practice or contest can be conducted and, in certain conditions, special requirements that must be in place when the weather is close to dangerous.

Generally, the procedures require that the heat index (or wind chill index) be checked one hour before practice or games using information from the [acuweather.com](http://www.acuweather.com) site. "Realfeel" temperature will be read from the site.

Special conditions are required for temperatures above eighty-degrees or lower than thirty-seven degrees.

Practices and games cannot be played when the "RealFeel" temperature is ninety-six degrees or higher or if the "RealFeel" temperature is eleven degrees or lower.

The policies were adopted on May 1, 2010. The full procedures (Heat Index Procedures and Wind Chill Procedures) are available in the appendix.



This statement is to be read at the beginning of all NYSPHSAA Championship events. Each section and member school could choose to adopt this statement for their contests as well.

"Be Loud, Be Proud, Be Positive New York State Public High School Athletic Association supports and encourages spectators to enjoy the competition of our student athletes and cheer for their teams in a positive manner. Negative comments and behavior will be addressed by the appropriate site personnel. Spectators should Be Loud, Be Proud, and Be Positive toward all players, coaches, officials, and spectators. Thank you for your support and enjoy the game."

2016 Sportsmanship

Emphasis on Sportsmanship This Year

Section Five lacrosse is placing an emphasis on good sportsmanship in 2015. A number of procedures and “ways of doing things” have been implemented. Since everyone involved wants the highest level of sportsmanship, the support of all Section V coaches is expected.

When Visiting Teams Arrive at the Site

Visiting teams should be met by a coach or supervisor as they arrive at the host site. Rest rooms should be available and information about ice and trainers should be offered by the host team. Head Coaches should greet each other as soon as possible.

Start of the game

Before the start of the game one of the officials will go to each bench to review expectations for the game. A suggested game protocol can be found in the appendix.

“One Voice” on the Sideline

Only the Head Coach of the team is to address the officials. Section V lacrosse has asked the GVLOA officials to offer warnings only near the beginning of the season and later to just penalize comments to the officials if made by assistant coaches. Head Coaches are reminded that their behavior and verbal comments to or about the officials are heard by members of their team.

Reporting Unsportsmanlike Conduct Penalties

The GVLOA officials will be reporting the number of unsportsmanlike conduct penalties issued to each team. These reports will be the sum of penalties, not the names of players receiving them. “Conduct” technical penalties will not be reported.

Reporting Ejections

The GVLOA officials will also be using an on-line reporting system to report players who are ejected in games. The normal Section V officials will receive the report as usual, but this year, Head Coaches will also receive a copy of the report.

Head Coach Responsible for Fan Behavior

According to rule, the home team Head Coach is ultimately responsible for the behavior of the fans in the stands. Many schools have site supervisors who help monitor and correct behavioral problems, but all coaches, officials and school personnel are expected to help to react to poor sportsmanship by fans. Good sportsmanship is everyone's job.

SportsFive.NET

Section Five Lacrosse on the Web

Section Five lacrosse information can be found at the Sportsfive.NET site.

Schedules, team information, news, weather, travel directions, player statistics and other information of interest is available to the general public.

The news area stores rules and policies as well as game reports and player stories..

Coaches should feel free to send along any news or information that might be of interest on the site.

“Coaches Only” Email Newsletter

Head Coaches receive periodic email newsletters from Section Five Lacrosse.

Special “Coaches Only” Features

There are a number of areas on the web site that are available only to Section Five coaches and administrators. The most current contact information for coaches along with other documents for coaches only are uploaded to the “private area”.

Account names and password are available by contacting Paul Wilson.

SportsFive.NET
Lacrosse in New York Section 5

NEWS FEATURES LINKS SEARCH DONATE

TEAMS
LEADERS
SCHEDULES
STATS HOME
ROSTERS
STANDINGS
PLAYERS
TOURNAMENTS

What's Up

The 2010 season is now in the record books and although things slow down greatly here at SportsFive, many athletes have finished their summer camps and tournaments and are now into fall sports or hitting the weight room.

- **Lots of Scholarships:** The fall signing period is well underway and we have reports from a number of Section Five standouts who have signed National Letter of Intent to play Division I lacrosse next year.
- **New Team Pages:** We have just updated the [team pages](#), with more information and history including All America team members and championships. Check it out.
- **Officials Needed for 2011:** The Genesee Valley Lacrosse Officials Association is looking for new officials for next season. Training and support is offered.

End of Season 2010

Fairport - 5	West Islip - 13	Sat-06-12
Irondequoit - 5	JD - 9	Thu-06-10
Aquinas - 6	Corning East - 7	
Fairport - 8	Ithaca - 6	
Irondequoit - 8	Hamburg - 4	Tue-06-08
Aquinas - 14	Silver Creek - 11	
Fairport - 10	Orchard Park - 5	
Penn Yan - 9	Aquinas - 16	Fri-06-04
Irondequoit - 16	Thomas - 13	
Pittsford - 3	Fairport - 10	

HOBART COLLEGE

Sports Reporters

Team Responsibilities

The Head Coach of each team is responsible for reporting scores as soon as possible after each game. With all of the post-game jobs that also need the attention of the Head Coach, it is often advisable to appoint a "Team Sports Reporter". This person can report the team scores and also file other information that is used to produce game reports on SportsFive.Net.

Reporters need not be members of the coaching staff, but should be an adult rather than a student. A team may appoint more than one reporter if desired.

Other Reporters

A number of "Independent Reporters" are used from time-to-time to gather information that becomes game reports during the season.



The Stats

Section Five Lacrosse is pleased to have some of the best local lacrosse player data in the country and that is due to the efforts of the Coaches and Reporters who faithfully and accurately turn in game stats from each game.

There are two reports now commonly received after a game. The "basic" report includes the score (BY QUARTER), the number of goals and assists scored by each player. The number of saves and goals against for each goalie that played in the game are reported. If more than one goalie plays, the number of minutes each goalie played is reported as well. **This year we are requesting a "scoring table" from teams that want articles written on SportsFive.NET.**

SportsFive.NET
Lacrosse in New York Section 5

**Statistics
Clinic**

A "Full-Stats" report allows the production of more information. SportsFive.NET provides the training and forms for their production.

Statistics Clinic

Kyle Barrett and Paul Wilson will once again offer a clinic to train statisticians and volunteers how to take game statistics. They are willing, throughout the season, to help your team to collect and report on the games.

Post-Season Awards

All Americans / Academic All Americans

Starting in 2016, Head Coaches nominate players for either or both awards by filing electronic forms found at the US Lacrosse web site. **Nominations will close on May 1st** and players must be nominated by that date in order to be considered for the vote. Nominations will be reviewed, and the nominating Coaches will present their data for each player at a coaches (only) meeting on Sunday, May 22nd. The winners will be introduced on "Championship Day"



All Tournament Teams

At the conclusion of each of the three championship games, an "All Tournament Team" and a Tournament "MVP" will be named. Although players from any team can be named, typically the awards winners come from the finalist teams. The award is based on performances during the tournament and is not based on the player's season or career. The winners usually receive a plaque or certificate.

All Section Five List

Since 2011, Section Five Lacrosse, started publishing an "All Section Five" list. The honorees are selected from a list of players making first team all-league and some independent team players. The list will be announced on "Championship Day."

NYS Scholar / Athlete Awards

At the end of each sport season, the NYSPHSAA honors those teams that excel in the classroom. In order to re-



ceive the recognition for the spring season, electronic forms must be filed no later than May 23rd.

The directions are found in the appendix of this handbook and the program and forms are found in the "Programs" area of the NYSPHSAA web site.

One hundred and forty-eight lacrosse teams were named throughout the state last year, with Cold Spring Harbor HS (Section 11) with the highest grade of 95.64.

In Section V the 2015 list was as follows:



•	Victor	95.15
•	Thomas	95.12
•	Irondequoit	93.89
•	Pal-Mac	93.49
•	Penn Yan	93.22
•	Geneva	93.20
•	HF-L	92.81
•	Schroeder	92.79
•	Canandaigua	92.41
•	Brighton	92.17
•	Wayne	91.90
•	McQuaid Jesuit	91.59
•	Pittsford	91.40
•	Aquinas	91.19
•	Marcus Whitman	91.18
•	Fairport	91.08
•	Hilton	90.92
•	Midlakes	90.49
•	Greece Odyssey	90.14
•	Newark	90.05

Appendix

Federation and NYS Documents

- Notes for Timekeepers
- Federation Rule Changes
- Federation Heat/Cold Policies
- Federation Concussion Rules
- Federation Concussion Facts for Parents
- Uniform Specifications

New York State Public High School Athletic Association Documents

- Scholar Athlete Awards Directions

Sportsmanship Handouts

- Section V Lacrosse Mission Statement
- Spectator Courtesy Code of Conduct
- Suggested Pre-Game Order of Events
- Respectful Speech and Behaviors
- Sportsmanship Rubric

New York State Handbook

The State Handbook is a reference for those teams who advance to the NYS Tournaments.

2014 Men's Stop-Time NFHS Timer Guidelines

Game time

- Four 12-minute periods.
- Start/stop timer on the whistle.
- Overtime periods are 4:00.

End of period

- All periods: Notify officials verbally when there are 20 seconds left, then count down loudly from 10, sounding horn at *zero*.
- Fourth period only: notify at 2:10 and 2:00.

Halftime

- 10:00 (or less if both teams are ready)
- Notify officials when 4:20 remains.

Clock malfunctions

- If clock malfunctions during play, count in your head while someone notifies officials.
- Sound double horn at next dead ball.

Signaling of penalties

- Official signals team, number, and foul.
- A "T" formed with the arms indicates a 30-second technical foul.
- Holding 1, 2, or 3 fingers overhead indicates the number of minutes for a personal foul.
- Hands clapped over head: penalty is non-releasable (NR).

Horn

- Double horn at next dead ball: coach request; early penalty release; help needed.
- Never sound horn when ball is in play except at the end of a period.

Timing of penalties

- Write player's team color and number, penalty length, period and time remaining when the penalty reported, game time the player will be released, and an "NR" if applicable.
- If Team A scores a goal, *all* releasable penalties being served by Team B are released.
- If Team A scores a goal, penalties for Team A are not released.
- NR penalties always serve the full penalty

time no matter how many goals are scored.

- If a player has multiple penalties, NR penalty time is always served first, regardless of the order of the fouls.
- Inform officials if period expires with a penalty being served (penalty time carries over).
- Penalized players stay at rear of sub area until 0:05 remains. Then a sub may take the place of the penalized player (who must go to the bench when the penalty expires).
- If a penalty expires during a face-off, do not release the player until possession is called.

Stacking

- If a team has more than 3 penalties at once, they will play with 3 players serving penalties and 7 players on the field.
- Additional players serving penalties will stand outside the sub area by the timer until there is room for them in the penalty area.
- When the first penalty releases, the releasing player exits to the bench and is replaced by one of the waiting players.
- Players with NR penalties serve first.
- A goal by Team A only releases releasable penalties from Team B players actually serving penalties (and not players waiting to serve outside sub area).

Fouling out

- Notify officials if any player accumulates 5 minutes of personal foul penalties (regardless of the number of fouls).
- Notify officials if any player accumulates 2 NR unsportsmanlike conduct penalties.

Mercy Rule

- If a team leads by 12 or more in the 2nd half, the clock does not stop except for time-outs and injuries. The clock does **not** stop on the goal that takes the lead to 12.
- Penalties are running time and are **not** adjusted; time starts running on the whistle.
- If lead drops to 11, revert to stop time.

Boys Lacrosse Rules Changes - 2016

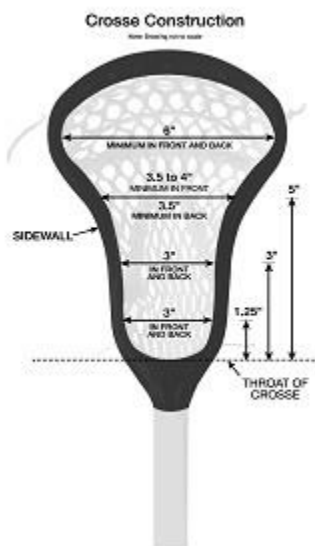
By NFHS on January 21, 2016 [lacrosse-boys](#)

[Share](#)

1-6-1: ART. 1 ... CROSSE DIMENSIONS SECTION 6 CROSSE DIMENSIONS

The crosse shall be an overall fixed length of either 40 to 42 inches (short crosse) or 52 to 72 inches (long crosse), except for the goalkeeper's crosse, which may be 40 to 72 inches long. The circumference of the crosse handle shall be no more than 3½ inches. The head of the crosse at its widest point shall measure between 6½ and 10 inches, inside measurement, at the top and the bottom of the wall. (See Figure 3) There shall be one crosse 10 to 12 inches, inside measurement at its widest point, at the top and bottom of the wall. This crosse shall be used by the required designated goalkeeper. The walls of any crosse shall not be more than 2 inches high. **EXCEPTION:** The gut wall.

Beginning in 2018, minimum stick specifications shall be as follows:



The measurements for the crosse shall include:

**Measurement from throat
(inches)**

1.25

3.0

5.0

**Minimum distance between narrowest point of
head (inches)**

3 (all measurements)

3 (all measurements)

3.5 to 4 on front; 3.5 on back

Widest point

6 (all measurements)

NOTE: From the 1.25-inch measurement to the widest point of the crosse, the distance between the sidewalls of the crosse must be at least 3 inches.

Rationale: The committee defined crosse dimensions and specifications at different locations to address issues with the ball being stuck in the crosse. This change in equipment will begin in 2018 to allow for phased implementation.

1-8: CROSSE PROHIBITIONS

No player shall use a crosse that does not meet the specifications of Sections 6 and 7. Furthermore, crosses in which the pocket has sagged to such a depth that it has become difficult for an opponent to dislodge the ball and crosses in which the construction or stringing at the bottom is designed to withhold the ball from play also are prohibited. Additionally, no player may use a crosse that has stringing that retards the normal and free dislodgment of the ball by an opponent. The pocket shall be deemed to have sagged too deeply if the top surface of a lacrosse ball, when placed therein, is below the bottom edge of the side wall (this prohibition does not apply to the goalkeeper's crosse). (See Figure 4) A crosse that has been altered in such a way as to give an advantage to an individual is illegal. Adjustable-length handles are illegal. Handles that have been altered in any fashion other than taping or adding another covering designed to improve the grip are illegal. The use of pull strings to alter the depth of the pocket is illegal. No more than one sidewall string on each side is allowed. A broken crosse is considered as no crosse.

Rationale: The committee expanded the crosse prohibitions. Specifically, the changes are intended to inhibit the use of pull strings and sidewall strings to lodge the ball in the crosse.

4-3-3 (NEW): ART. 3 ... FACING OFF

The official conducting the faceoff will start the procedure by holding the ball and bringing the players together.

a. The official shall indicate to the players the spot on which the faceoff will take place and instruct the players to prepare for the faceoff by saying "down."

b. Once the players are down they are to move into their faceoff position as quickly as possible. Players may kneel or stand as they get into position for the faceoff.

c. The crosses and gloves shall rest on the ground along the center line, parallel to each other up to,

but not touching, the center line.

d. The official shall make certain that the reverse surfaces of the crosses match evenly and are perpendicular to the ground. Each player must have both hands wrapped around the handle of his own crosse, touching the ground. The right hand may not touch any part of the head of the crosse. The player's feet may not touch his crosse. Both hands and feet of each player must be to the left of the throat of his crosse. Each player must be positioned so his entire body is to the left of the throat of his crosse. It is legal to lean over the center line.

e. If the players are not positioned properly, the official may adjust the players' positioning (including crosses) to ensure the faceoff will be conducted fairly for both players.

f. Once the players are in the proper position, the official shall place the ball on the ground, in between the head of each crosse, paying close attention to placing the ball in the middle of the head of each crosse.

g. Once the official is satisfied with the placement of the ball and the positioning of the players' crosses, he shall instruct the players to remain motionless by saying "Set." The official will still have his hand on or near the ball or crosses when the command "Set" is given. For hearing-impaired players, a reasonable accommodation for the "set" command and whistle sound will be provided.

h. After the "Set" command, the official shall back out and blow the whistle when clear of the scrimmage area. The official does not have to be stationary, and may still be moving backwards, when he blows the whistle to start play. The whistle cadence will vary with every faceoff.

i. A violation will be called if a player picks up and carries the ball on the back of his stick. It is legal to clamp the ball with the back of the stick, but it must be moved, raked or directed immediately. Immediately is defined as within one step.

j. A player may not lie on the ball or trap it with his crosse longer than necessary for him to control the ball and pick it up with one continuous motion, or withhold the ball from play in any other manner.

k. It is illegal to kick, step on, or place any other body part to his crosse or the crosse of the opponent. It is illegal for a faceoff player to use his crosse to hold or pin down a player's crosse.

l. It is illegal for a player to use his hand or fingers to play the ball. This shall be enforced immediately as an unsportsmanlike conduct penalty. Inadvertent touching of the ball when the hand is grasping the stick should not be called as an unsportsmanlike conduct foul.

m. It is illegal for a player to grab an opponent's crosse with the open hand or fingers. This shall be enforced immediately as an unsportsmanlike conduct penalty.

n. A single-wrap of tape must be applied to the handle of the crosse for any player taking a face-off. The tape is to begin (but not be touching) the plastic at the throat of the crosse and continuing six inches down the handle. Tape must be of contrasting color to the head, gloves, and shaft.

(Note was deleted because it was repeated in I)

Rationale: By deleting ART. 3 through ART. 6 and adding this revised 4-3-3, the committee improved the process of the face off by clarifying the rules to create more consistent and fair play.

4-14-3 (NEW): ART. 3 . . . Once the ball has been successfully advanced into the goal area, a team is provided the opportunity to run its offense in its offensive half of the field. If the offensive team carries, passes or propels the ball to its defensive half of the field and the offensive team was last in possession, and last touched the ball (except on shot), the result will be an immediate a turnover or play-on. If the ball does not touch or go over the centerline, no infraction has occurred. Players may legally bat the ball to keep it in the offensive half of the field, but if it is possessed and their feet are in the defensive half, it shall be a turnover.

Rationale: The committee added a new “over and back” rule to keep the ball in play in the offensive half of the field once possession has been established in the goal area.

Untitled note

nfhs.org Updated Aug 11th, 2015

New Faceoff Procedure Among Rules Changes in High School Boys Lacrosse

By Brandon Jones on August 10, 2015

nfhs news

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Beginning with the 2016 high school boys lacrosse season, officials and players will adhere to a new, more clearly defined faceoff procedure.

The revision to Rule 4-3-3 was one of four major changes recommended by the National Federation of State High School Associations (NFHS) Boys Lacrosse Rules Committee at its July 13-15 meeting in Indianapolis. The committee's recommendations were subsequently approved by the NFHS Board of Directors.

Articles 3 through 6 of Rule 4-3 were condensed into a new Article 3, which clarifies the faceoff procedures and roles for officials and players. When directed, players will go to the faceoff position with their crosses properly placed. If the official is satisfied with the position, then the ball will be placed

between the crosses for the faceoff. Previously, the ball was placed on the ground first. Players are still required to remain motionless in the correct position after the official says “set” and until the whistle is blown.

Rules 1-6-1 and 1-8 were also revised to address issues with the ball becoming stuck in the crosse, including the back of the crosse after a faceoff. The change to Rule 1-6-1 alters the dimensions of the crosse and will take effect beginning in 2018 to allow for phased implementation.

Another change (Rule 4-14-3) defines a new “over and back” rule, which states that the offensive team may not carry, pass or propel the ball into its defensive half of the field once it has been advanced into the goal area. An infraction will result in a turnover or play-on.

“We believe lacrosse is moving in the right direction to continue to minimize the risk to our student-athletes and improve the game experience,” said Susie Knoblauch, NFHS director of performing arts and sports and liaison to the Boys Lacrosse Rules Committee. “Our rules changes support that trend and also create more consistent and fair play for everyone.”

In addition to the four major changes, the Boys Lacrosse Rules Committee approved five Points of Emphasis for the 2016 season. Points of Emphasis are developed by NFHS rules committees and should receive special focus and attention by officials, coaches, players, fans and other leaders within the high school setting.

Points of Emphasis developed by the Boys Lacrosse Rules Committee for the 2016 season are as follows:

1. **Contact** – Penalties for excessive hits to the head and neck, as well as penalties for hits to defenseless players and blindside hits.
2. **Helmet Fitting** – Helmets shall meet current NOCSAE standards and be properly fitted for each player.
3. **Halftime Warm-up** – It is recommended that the final three minutes of intermission be used as a team warm-up period.
4. **Helmets and Equipment During Pre-Game and Practice Time** – Coaches should educate players on the need to be properly equipped at all times.

Defending the Crease – It is recommended that coaches not teach nor encourage field players to block the goal when the goalkeeper has vacated the goal crease area.

NEWS RELEASE

New Faceoff Procedure Among Rules Changes for High School Boys Lacrosse

FOR IMMEDIATE RELEASE

Contact: Susie Knoblauch

INDIANAPOLIS, IN (August 10, 2015) – Beginning with the 2016 high school boys lacrosse season, officials and players will adhere to a new, more clearly defined faceoff procedure.

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This press release was written by Brandon Jones, a summer intern in the NFHS Publications and Communications Department and a junior at Indiana University Bloomington.

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About the National Federation of State High School Associations (NFHS)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and performing arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and performing arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 16 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7.7 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings;

sanctions interstate events; offers online publications and services for high school coaches and officials; sponsors professional organizations for high school coaches, officials, speech and debate coaches, and music adjudicators; serves as the national source for interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS website at www.nfhs.org.

MEDIA CONTACTS: Bruce Howard, 317-972-6900

Director of Publications and Communications

National Federation of State High School Associations

bhoward@nfhs.org

Chris Boone, 317-972-6900

Assistant Director of Publications and Communications

National Federation of State High School Associations

cboone@nfhs.org

Bruce Howard

Director of Publications and Communications

National Federation of State High School Associations

PO Box 690

Indianapolis, IN 46206

317-822-5724

317-822-5700 (Fax)

bhoward@nfhs.org



2016 NFHS Boys Lacrosse - Frequently Asked Questions

1. **NFHS Rule 1-7- 3** provides, in part, that: *“Any additional strings or laces (e.g., shooting strings, V channels) must be located within 4 inches of the top of the crosse.”*

ART. 3 . . . Any strings or leathers are limited to a hanging length of 2 inches. All hollow crosse handles must have their open end covered with an end cap manufactured for a lacrosse stick. In both cases, the crosse shall not be



Figure 7

considered illegal; however, it shall be removed from the game until corrected. Any additional strings or laces (e.g., shooting strings, V channels) must be located within 4 inches of the top of the crosse. (See Figure 7)

Q. Does this restriction apply to the Goalkeeper’s crosse?

A. No. That part of the rule does not apply to the Goalkeeper’s crosse.

Q. What is the penalty for a violation?

A. Under Rule 5.5 - 3 minute non-releasable penalty and the crosse remains at the table for the remainder of the game.

2. NFHS Rule 4-18-1 *SITUATION E*:

***4.18.1 SITUATION E:** Two or more defenders from Team B are standing in the crease in front of the goal with a clear intention of blocking shots, not defending another player. **RULING:** Conduct foul on Team B. If Team A was in possession, Team B in-home serves a 30-second penalty. A second violation by Team B should be enforced as unsportsmanlike conduct.

Q. Does the goalkeeper count as one of the two defenders referred to in the situation?

A. No the goalkeeper does not count as one of the two defensemen under this rule.

Q. Is this an immediate whistle?

A. The officials will stop play as soon as they notice the situation. However, if a shot is already in flight when this is noticed, the shot will be allowed to come to its normal conclusion before the whistle blows to stop play.

3. Restarts

Q. Where is the play restarted when there is a technical foul before the faceoff begins or while the faceoff players are down battling in the faceoff position?

A. The offended team is awarded the ball in its offensive side of the field at the center.

Q. If after the face off is started, the ball is directed or moves away from the Center if a player commits a loose ball infraction, e.g. a push or hold, where does the play restart?

A. The play is restarted where at the spot where the ball was when the whistle blew.

4. NFHS Rule 4-3-3n

Page 33

2016 NFHS Boys Lacrosse Rules

Rule 4-3

player taking a faceoff. The tape is to begin (but not be touching) the plastic at the throat of the crosse and continuing 6 inches down the handle. Tape must be of contrasting color to the head, gloves and shaft.

Q. Can paint be used in place of tape on the crosse?

A. No, tape **must** be used.

NFHS Boys Lacrosse FAQs

February 2016

Q: A1, not in possession of the ball, is positioned near the crease. A2 takes a shot from outside the crease area and the ball rebounds into the air above the crease. A1 jumps into the air toward the crease, catches the ball in his crosse and shoots the ball while still airborne. The ball enters the goal, and then A1 lands in the crease. Is the goal allowed?

A: No, because A1 was not grounded before, during and after the shot and landed in the crease.

Q: A1 has possession of the ball outside of the crease area. A2 runs toward the crease and jumps or dives into the air toward the crease as A1 feeds the ball to him. While still airborne, A2 shoots at the goal. The ball enters the goal, and then A2 lands in the crease. Is the goal allowed?

A: No, because A2 (the shooter) was not grounded before, during and after the shot and landed in the crease.

Q: A1, not in possession of the ball, is positioned near the crease. A2 takes a shot from outside the crease area and the ball rebounds into the air above the crease. A1 leaps into the air, catches the ball in his crosse and shoots the ball while still airborne. The ball enters the goal, and then A1 lands outside of the crease. After landing outside the crease, A1's momentum carries him into the crease. Is the goal allowed?

A: Yes. The play is considered to have ended when A1 lands outside the crease after the ball entered the goal.

NOTE: In each of the above cases, batting the ball into the goal would result in the same ruling as catching and shooting the ball.

NFHS Boys Lacrosse FAQs

February 2016

Q: Team A has successfully advanced the ball into the attack goal area. A1 shoots at the goal and the ball rebounds and as a result crosses the center line. May Team A pick up the ball, and does a new 20-second count start?

A: Yes, Team A may regain possession and a new 20-second count starts.

Q: Team A has successfully advanced the ball into the attack goal area. A1 attempts a pass the ball to A2. The pass is deflected by B1 and crosses over the center line last touched by a defensive player. May Team A pick up the ball, and does a new 20-second count start?

A: Yes, Team A may regain possession and a new 20-second count starts.

Boys Lacrosse NFHS Scrimmage

Rules

Scrimmages: A lacrosse scrimmage must have modified time periods and include *one or more* of the following:

1. Alternate possessions.
 2. Start the scrimmage with either a Draw (girls) or a Face-Off (boys)
 3. Include the following games situations:
 - a. Face-Off/Draw – Boys/Girls
 - b. Clears and Rides – Boys/Girls
 - c. Extra Man and Man – Down – Boys/Girls
 - d. Fast Breaks – Boys/Girls
-

**** IT IS PERMISSABLE TO DRILL ONLY WITH ANOTHER TEAM BEFORE SCRIMMAGE DATE. ONLY STICK WORK DRILLS CAN BE DONE. Absolutely No Offense/Defense; Only Individual Drills Are Allowed.**



HEAT INDEX PROCEDURES

Administration of Heat Index Procedures:

- Heat index will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- The athletic trainer, athletic director, or school designee will use the accuweather.com website to determine the heat index for the area of the contest/practice. The accuweather.com website can be reached through the NYSPHSAA website. Once a person is on the accuweather.com website, they will put in the zip code for the location of the contest/practice and the website will give them the air temperature as well as the RealFeel temperature (heat index).
- If the RealFeel temperature (heat index) is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the RealFeel (heat index) at halftime or midway point of the contest. If the RealFeel (heat index) temperature is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	RealFeel (Heat Index) under 79 degrees	Full activity. No restrictions
R E C O M M E N D E D	Heat Index Caution: RealFeel (Heat Index) 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: RealFeel (Heat Index) 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when RealFeel temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: RealFeel (Heat Index) 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when RealFeel temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: RealFeel (Heat Index) 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Approved May 1, 2010



WIND CHILL PROCEDURES

Administration of Wind Chill Procedures:

- Wind Chill will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 39 degrees (Fahrenheit) or lower.
- The athletic trainer, athletic director, or school designee will use the accuweather.com website to determine the heat index for the area of the contest/practice. The accuweather.com website can be reached through the NYSPHSAA website. Once a person is on the accuweather.com website, they will put in the zip code for the location of the contest/practice and the website will give them the air temperature as well as the RealFeel temperature (wind chill).
- If the RealFeel temperature (wind chill) is 10 degrees or below, the athletic trainer, athletic director, or school designee must re-check the RealFeel (wind chill) at halftime or midway point of the contest. If the RealFeel (wind chill) temperature is -11 degrees (Fahrenheit) or lower, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	RealFeel (wind chill) above 40 degrees	Full activity. No restrictions
R E C O M M E N D E D	Wind Chill Caution: RealFeel (wind chill) 36 degrees to 20 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing.
	Wind Chill Watch: RealFeel (wind chill) 29 degrees to 10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss.
	Wind Chill Warning: RealFeel (wind chill) 9 degrees to -10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss. Consider postponing practice to a time when RealFeel temp is much higher. Consider reducing the amount of time for an outdoor practice session.
REQUIRED	Wind Chill Alert: RealFeel (wind chill) -11 degrees or lower	No outside activity, practice or contest, should be held.

Special Note: Alpine Skiing will be exempt from this policy and will follow the regulations of the host ski center where the practice or event is being held.

Approved May 1, 2010



To: NYSPHSAA Member Schools
Sport Official Organizations
From: New York State Public High School Athletic Association
Date: August 19, 2010
Re: NFHS Concussion Rule

Revised 8/19/10

This memo is to serve as a clarification of the NFHS Concussion Rule, effective for the 2010-2011 school year, for the sports that use the NFHS rules.

The NFHS Concussion Rule states, *“Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion (such as loss of consciousness, headaches, dizziness, confusion or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health-care professional”*. The NFHS emphasizes in the concussion rule that coaches and officials are NOT expected to “diagnose” a concussion. This is the responsibility of the appropriate health-care professional.

The responsibility for observing signs, symptoms, and behaviors that are consistent with a concussion is shared by both sport officials and school officials. The following protocol should be followed if any signs, symptoms or behaviors are observed.

Sport official: Remove the athlete from the contest. The official is NOT responsible for the sideline evaluation or the management of the athlete once they have been removed from the game. The official does not have to receive any paper work clearing the player to return to the game.

School official: The athlete needs to be *assessed by an appropriate health care professional. School health personnel are considered appropriate health care professionals. School health personnel include the Chief School Medical Officer, school nurse, physician, certified athletic trainer or an EMT that is a member of the on-site EMS squad. If the appropriate health care professional suspects a concussion, the student athlete MAY NOT return to the contest. The athlete MAY NOT return if an appropriate health care professional is not available. The NFHS and NYSPHSAA recommend that any athlete that suffers a concussion should not return to play the day of the injury. A student athlete that has been diagnosed with a concussion MUST be cleared by the Chief School Medical Officer.*

The NFHS and NYSPHSAA have developed many resources to help school officials, sport officials, parents, and students learn more about concussion management. A concussion DVD, sideline cards, and other useful materials can be found on the NYSPHSAA website (www.nysphsaa.org). A cost free concussion management course can be found on the NFHS website (www.nfhslearn.com).

We have included a list of possible signs, symptoms, and behaviors that can be observed by sport officials and school officials. We have also included for school officials a recommended return to play protocol. We encourage anyone that has questions or concerns to contact the NYSPHSAA office or the Section Concussion Management Team.

SIGNS, SYMPTOMS, AND BEHAVIORS OF A POSSIBLE HEAD TRAUMA

1. Problems in Brain Function

- a. **Confused state** – Dazed look, vacant stare, confusion about what happened or is happening.
- b. **Memory problems** – Can't remember assignment on play, opponent, score of game, or period of the game. Can't remember how or with whom he or she traveled to the game, what he or she is wearing, what was eaten for breakfast etc.
- c. **Symptoms reported by athlete** – Headache, nausea, or vomiting, blurred or double vision, oversensitivity to sound, light or touch, ringing in the ears, feeling foggy or groggy.
- d. **Lack of sustained attention** – Difficulty sustaining focus adequately to complete a task or a coherent thought or conversation.

2. Speed of Brain Function: Slow response to questions, slow slurred speech, incoherent speech, slow body movements, slow reaction time.

3. Unusual Behaviors: Behaving in a combative, aggressive or very silly manner, or just atypical for the individual. Repeatedly asking the same question over and over. Restless and irritable behavior with constant motion and attempts to return to play or leave. Reactions that seem out of proportion and inappropriate. Changing position frequently and having trouble resting or finding a comfortable position. These can be manifestations of post-head trauma difficulties.

4. Problems with Balance and Coordination: Dizzy, slow, clumsy movements, inability to walk a straight line or balance on one foot with eyes closed.

Recommended Return to Play Protocol

Day 1: No exertional activity until medically cleared and asymptomatic for 24 hours.

Day 2: Begin low-impact activity such as walking, stationary bike, etc.

Day 3: Initiate aerobic activity fundamental to specific sport such as skating, running, etc.

Day 4: Begin non-contact skill drills specific to sport such as dribbling, ground balls, batting, etc.

Day 5: Full contact in practice setting

If the athlete remains without symptoms, he or she may return to play.

Special note: Athlete must remain asymptomatic to progress to next day.
If symptoms return, the athlete must return to the previous level.
Medical check should occur before contact.



A Parent's Guide to Concussion in Sports

What is a concussion?

- A concussion is a brain injury which results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. An athlete does not have to lose consciousness (“knocked-out”) to suffer a concussion.

Concussion Facts

- It is estimated that over 140,000 high school athletes across the United States suffer a concussion each year. (Data from NFHS Injury Surveillance System)
- Concussions occur most frequently in football, but girl's lacrosse, girl's soccer, boy's lacrosse, wrestling and girl's basketball follow closely behind. All athletes are at risk.
- A concussion is a traumatic injury to the brain.
- Concussion symptoms may last from a few days to several months.
- Concussions can cause symptoms which interfere with school, work, and social life.
- An athlete should not return to sports while still having symptoms from a concussion as they are at risk for prolonging symptoms and further injury.
- A concussion may cause multiple symptoms. Many symptoms appear immediately after the injury, while others may develop over the next several days or weeks. The symptoms may be subtle and are often difficult to fully recognize.

What are the signs and symptoms of a concussion?

SIGNS OBSERVED BY PARENTS, FRIENDS, TEACHERS OR COACHES

Appears dazed or stunned

Is confused about what to do

Forgets plays

Is unsure of game, score, or opponent

Moves clumsily

Answers questions slowly

Loses consciousness

Shows behavior or personality changes

Can't recall events prior to hit

Can't recall events after hit

SYMPTOMS REPORTED BY ATHLETE

Headache

Nausea

Balance problems or dizziness

Double or fuzzy vision

Sensitivity to light or noise

Feeling sluggish

Feeling foggy or groggy

Concentration or memory problems

Confusion

What should I do if I think my child has had a concussion?

If an athlete is suspected of having a concussion, he or she must be immediately removed from play, be it a game or practice. Continuing to participate in physical activity after a concussion can lead to worsening concussion symptoms, increased risk for further injury, and even death. Parents and coaches are not expected to be able to “diagnose” a concussion, as that is the job of a medical professional. However, you must be aware of the signs and symptoms of a concussion and if you are suspicious, then your child must stop playing:

When in doubt, sit them out!

All athletes who sustain a concussion need to be evaluated by a health care professional who is familiar with sports concussions. You should call your child's physician and explain what has happened and follow your physician's instructions. If your child is vomiting, has a severe headache, is having difficulty staying awake or answering simple questions he or she should be taken to the emergency department immediately.

When can an athlete return to play following a concussion?

After suffering a concussion, **no athlete should return to play or practice on that same day.** Previously, athletes were allowed to return to play if their symptoms resolved within 15 minutes of the injury. Studies have shown us that the young brain does not recover quickly enough for an athlete to return to activity in such a short time.

Concerns over athletes returning to play too quickly have led state lawmakers in both Oregon and Washington to pass laws stating that **no player shall return to play following a concussion on that same day and the athlete must be cleared by an appropriate health-care professional before he or she are allowed to return to play in games or practices.** The laws also mandate that coaches receive education on recognizing the signs and symptoms of concussion.

Once an athlete no longer has symptoms of a concussion and is cleared to return to play by health care professional knowledgeable in the care of sports concussions he or she should proceed with activity in a step-wise fashion to allow the brain to re-adjust to exertion. On average the athlete will complete a new step each day. The return to play schedule should proceed as below following medical clearance:

Step 1: Light exercise, including walking or riding an exercise bike. No weight-lifting.

Step 2: Running in the gym or on the field. No helmet or other equipment.

Step 3: Non-contact training drills in full equipment. Weight-training can begin.

Step 4: Full contact practice or training.

Step 5: Game play.

If symptoms occur at any step, the athlete should cease activity and be re-evaluated by their health care provider.

How can a concussion affect schoolwork?

Following a concussion, many athletes will have difficulty in school. These problems may last from days to months and often involve difficulties with short and long-term memory, concentration, and organization.

In many cases it is best to lessen the athlete's class load early on after the injury. This may include staying home from school for a few days, followed by a lightened schedule for a few days, or perhaps a longer period of time, if needed. Decreasing the stress on the brain early on after a concussion may lessen symptoms and shorten the recovery time.

What can I do?

- Both you and your child should learn to recognize the “Signs and Symptoms” of concussion as listed above.
- Teach your child to tell the coaching staff if he or she experiences such symptoms.
- Emphasize to administrators, coaches, teachers, and other parents your concerns and expectations about concussion and safe play.
- Teach your child to tell the coaching staff if he or she suspects that a teammate has a concussion.
- Monitor sports equipment for safety, fit, and maintenance.
- Ask teachers to monitor any decrease in grades or changes in behavior that could indicate concussion.
- Report concussions that occurred during the school year to appropriate school staff. This will help in monitoring injured athletes as they move to the next season’s sports.

Other Frequently Asked Questions

Why is it so important that an athlete not return to play until they have completely recovered from a concussion?

Athletes who are not fully recovered from an initial concussion are significantly vulnerable for recurrent, cumulative, and even catastrophic consequences of a second concussive injury. Such difficulties are prevented if the athlete is allowed time to recover from the concussion and return to play decisions are carefully made. No athlete should return-to-sport or other at-risk participation when symptoms of concussion are present and recovery is ongoing.

Is a “CAT scan” or MRI needed to diagnose a concussion?

Diagnostic testing, which includes CT (“CAT”) and MRI scans, are rarely needed following a concussion. While these are helpful in identifying life-threatening brain injuries (e.g. skull fracture, bleeding, swelling), they are not normally utilized, even by athletes who have sustained severe concussions. A concussion is diagnosed based upon the athlete’s story of the injury and the health care provider’s physical examination.

What is the best treatment to help my child recover more quickly from a concussion?

The best treatment for a concussion is rest. There are no medications that can speed the recovery from a concussion. Exposure to loud noises, bright lights, computers, video games, television and phones (including text messaging) all may worsen the symptoms of a concussion. You should allow your child to rest as much as possible in the days following a concussion. As the symptoms

lessen, you can allow increased use of computers, phone, video games, etc., but the access must be lessened if symptoms worsen.

How long do the symptoms of a concussion usually last?

The symptoms of a concussion will usually go away within one week of the initial injury. You should anticipate that your child will likely be out of sports for about two weeks following a concussion. However, in some cases symptoms may last for several weeks, or even months. Symptoms such as headache, memory problems, poor concentration, and mood changes can interfere with school, work, and social interactions. The potential for such long-term symptoms indicates the need for careful management of all concussions.

How many concussions can an athlete have before he or she should stop playing sports?

There is no “magic number” of concussions that determine when an athlete should give up playing contact or collision sports. The circumstances surrounding each individual injury, such as how the injury happened and length of symptoms following the concussion, are very important and must be considered when assessing an athlete’s risk for further and potentially more serious concussions. The decision to “retire” from sports is a decision best reached following a complete evaluation by your child’s primary care provider and consultation with a physician or neuropsychologist who specializes in treating sports concussion.

I’ve read recently that concussions may cause long-term brain damage in professional football players. Is this a risk for high school athletes who have had a concussion?

The issue of “chronic encephalopathy” in several former NFL players has received a great deal of media attention lately. Very little is known about what may be causing dramatic abnormalities in the brains of these unfortunate retired football players. At this time we have very little knowledge of the long-term effects of concussions which happen during high school athletics.

In the cases of the retired NFL players, it appears that most had long careers in the NFL after playing in high school and college. In most cases, they played football for over 20 years and suffered multiple concussions in addition to hundreds of other blows to their heads. Alcohol and steroid use may also be contributing factors in some cases. Obviously, the average high school athlete does not come close to suffering the total number or shear force of head trauma seen by professional football players. However, the fact that we know very little about the long-term effects of concussions in young athletes is further reason to very carefully manage each concussion.

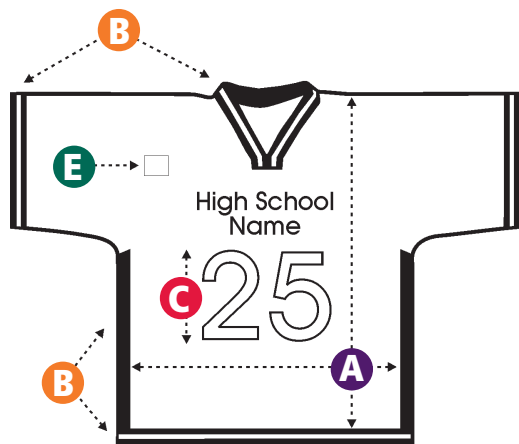
Some of this information has been adapted from the CDC's "Heads Up: Concussion in High School Sports" materials by the NFHS's Sports Medicine Advisory Committee. Please go to www.cdc.gov/ncipc/tbi/Coaches_Tool_Kit.htm for more information.

If you have any further questions regarding concussions in high school athletes or want to know how to find a concussion specialist in your area please contact Michael C. Koester, MD, ATC and Chair of the NFHS Sports Medicine Advisory Committee at michael.koester@slocumcenter.com.

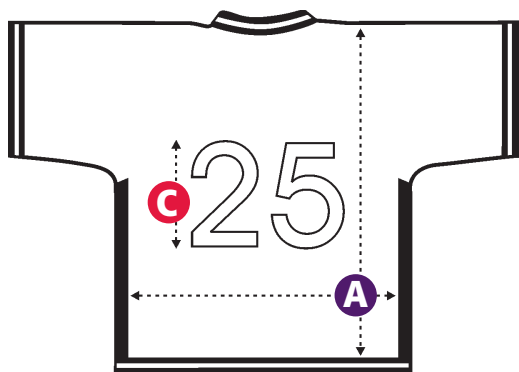
April 2010

NFHS BOYS LACROSSE UNIFORMS

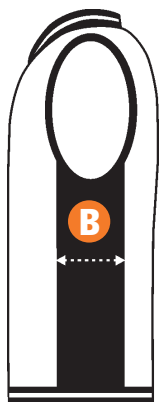
Front View



Back View



Side View



A JERSEY COLOR

1. Jerseys shall be of a **single, solid color**.
2. The jersey shall completely cover the shoulder pads.
3. Jerseys shall be of contrasting colors for opposing teams. The home team shall wear light jerseys and the visiting team shall wear its dark-color jerseys. The visiting team is responsible for avoidance of similarity of colors, but, if there is doubt, the referee may require the home team to change jerseys.

B UNIFORM TRIM

1. Collar, cuffs and waistband may be of contrasting colors, but not more than **2 inches wide**.
2. Side inserts (no more than armpit to waistband) may be of contrasting color(s), but no more than **3 inches wide**.
3. Contrasting colored piping not to exceed **1/8-inch wide** is allowed.

C NUMBERS

1. Numbers shall be centered vertically and horizontally and at least **8 inches** tall on the front and at least **12 inches** tall on the back.
2. Numbers may contain contrasting color trim(s) not to exceed **2 inches** (the number shall contrast with the body of the jersey).
3. Duplicate numbers on jerseys shall not be permitted on the same team.

D UNIFORM SHORTS

1. All players on the same team shall wear uniform shorts of the same dominant color.

E MANUFACTURER'S LOGO INFORMATION

1. A visible manufacturer's logo/trademark may not exceed **2¼ square inches** and **2¼ inches** in any direction on the jersey and/or pant/short. Beginning in 2010, no more than one manufacturer's logo/trademark or reference on the outside of each item. (The same size restriction shall apply to either the manufacturer's logo/trademark or reference).

NOTE: An American flag, not to exceed 2 by 3 inches, and either a commemorative or a memorial patch, not to exceed 4 square inches and with written state association approval, may be worn on the jersey provided neither the flag, nor the patch, interferes with the visibility of the number.

National Federation of State
High School Associations



SCHOLAR/ATHLETE TEAM AWARD PROGRAM



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The NYSPHSAA Scholar/Athlete Team Award Program continues to be filed electronically. Electronic filing enables the NYSPHSAA to process the applications and send the awards in a timely fashion.

To begin the application process, go to:

1. www.nysphsaa.org
2. Programs
3. Scholar/Athlete Team Award - Application Form

Before you can begin the application, the site will prompt you for your school's "SED Code." (This is the same code you use to file your BEDS form and Sports Participation Survey electronically.) Then follow the online instructions.

Before "submitting" the form electronically, you are advised to print a hard copy for your reference and files. This is very important since you will not receive a hard copy of the application with your awards. It also serves as proof of submission in the event a transmission error occurs.

If you need to revise your application, go back into the form the same way you did originally. The application information is retained and you will only need to make your revision and resubmit. The application will then come in as an update.

For questions and/or help using this system of filing, please contact Rosalind at (518)690-0771, 8:00am -2:30pm.

DEADLINE DATES

<i>Fall:</i>	December 3, 2010	(lates until 12/18)
<i>Winter:</i>	March 4, 2011	(lates until 3/19)
<i>Spring:</i>	May 20, 2011	(lates until 6/4)

REMEMBER:

1. Weighted grades are NOT allowed.
2. Print a copy for your records. You will not receive a hard copy with your awards.
3. Late applications (received up to 15 days after the deadline date) will not be listed in the final standings.
4. DO NOT mail a hard copy of the application.

Computing the SCHOLAR/ATHLETE TEAM Average

STEP ONE:

Choose the sport - After you choose a sport, a form will open showing that sport and the required number of student-athletes for that sport. Listed below are the varsity sports eligible for the NYSPHSAA, Inc. Scholar/Athlete Team Award and the number of varsity team members required:

Badminton	B - 8 , G - 12		
Baseball/Softball	11	Lacrosse (B&G)	11
Basketball (B&G)	7	Rifle	7
Bowling (B&G)	7	Skiing (B&G)	7
Cross Country (B&G)	7	Soccer (B&G)	12
Fencing	7	Swimming (B&G)	11
Field Hockey	12	Tennis (B&G)	9
Football	12	Indoor Track (B&G)	12
Golf (B&G)	7	Outdoor Track (B&G)	12
Gymnastics	B - 8, G - 7	Volleyball (B&G)	8
Ice Hockey	8	Wrestling	10

NOTE: If you have MORE than the required number, see Step 4 - Additional Team Members.
If you have LESS than the required number, see Step 5 - Small Team Size.

STEP TWO:

Fill out the AD's name/address portion of this form correctly. A mailing label is produced from this information and your awards will be sent to that address.

STEP THREE:

1. Every class that is given a grade needs to be included. Pass/Fail subjects are not included. If a letter grade is given, convert to number grade.
2. List the required number of athletes by name, grade and report card grades earned during the Sports Season marking period(s). Round to the nearest thousandth.
e.g. 92.1258 = 92.126 91.6742 = 91.674

	FALL	WINTER	SPRING
12 week marking period, use:	1st	2nd	3rd
5 or 6 week marking period, use:	1st	average of 2 & 3	average of 4 & 5

3. If letter grades are reported, convert to number grades as follows:

A+ = 100	B+ = 88	C+ = 78	D+ = 68
A = 95	B = 85	C = 75	D = 65
A- = 92	B- = 82	C- = 72	D-/E/F = 0

DO NOT USE WEIGHTED GRADES when computing the team's composite grade average.

STEP FOUR - Additional Team Members

Additional varsity team members, beyond the required number, will be recognized provided their sport season report card averages are 90.000% or greater, individually.

NOTE: These gpa's do not compute into the team's total average.

STEP FIVE - SMALL TEAM SIZE

Teams with less than the required number may apply for the S/A Team Award provided:

1. 100% of the roster is used to compute the team average. Type that number in the space provided on the application form.
2. No team with less than five (5) varsity players may apply.
3. Read the "small team size statement" and check verification box.

EXAMPLE: A tennis team requires nine (9) as shown above. If a tennis team has 5 varsity players, the team average of the 5 players must be 90.000% (or higher). If the team has 6 varsity players, the team average of all 6 must be 90.000% (or higher). If the team has 4 varsity players, the team does not qualify.

STEP SIX:

Check the box to verify that you have read and understood the verification statement and hit the SUBMIT button. The next window will give a message that your application was successfully submitted and will ask if you'd like to submit another sport. If you DO NOT receive this window your application was not successfully submitted. To revise an application, go back into the form - it retains your previously inputted information - make the change(s) and hit the SUBMIT button again.

Nomination Form Example

STUDENT NAME (First, Last)	Grade (7-12)	REPORT CARD AVERAGE
----------------------------	--------------	---------------------

1 - Chad (Colleen)	9	93.755
2 - Joe (Judy)	8	87.125
3 - Sam (Sue)	12	89.667
4 - Bill (Barb)	10	98.022
5 - Tim (Tammy)	11	96.333
6 - Carl (Carol)	7	89.100
7 - Bob (Brenda)	12	94.425

⇒ See STEP 3

TOTAL	645.427
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TEAM COMPOSITE GRADE AVERAGE (90% OR ABOVE)	92.204
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ADDITIONAL TEAM MEMBERS (MUST HAVE GPA OF 90% OR HIGHER):

⇒ See STEP 4

1. Donna (Dave)	10	91.290
2. Jim (Lisa)	9	90.345

WHICH IS YOUR GOAL?

1. If it is to be declared the S/A State Champion, you would list your student-athletes with the highest gpa's first, and any additional members, with a 90% or higher, as additional team members. (i.e. "play the first string")
2. If it is to include as many student-athletes on the team as possible, you would follow the above example. This shows the averages below a 90% listed in the team's composite gpa, and the lowest 90%'s as additional team members. (i.e. "play the bench")

ADDITIONAL INFORMATION FOR NOMINATION FORM

- 1) This is a **VARSITY** team award. A student must have played in one varsity competition to be eligible. Managers, scorekeepers, etc. are not eligible.
- 2) The minimum **Team** Grade Average to apply is **90.000%**. There is no minimum student GPA unless they are to be used as Additional Team Members, which requires a 90% or higher.
- 3) All grade averages should be listed to three (3) decimal places rounded off to the nearest thousandth. **DO NOT USE WEIGHTED GRADES.**
- 4) Co-ed teams are not recognized. Mixed teams are eligible and must meet the Regulations of the NYS Commissioner of Education for Mixed Competition.
- 5) **State Champion** Scholar/Athlete Teams will be declared in those sports having 4 or more programs in 6 or more sections based on the highest team composite grade average provided 10 or more teams qualify in that sport. Declarations are made in conjunction with a sport's NYSPHSAA designated championship tournament season. Verification that all standards were met will be obtained prior to this declaration.
- 6) The **Head Coach** of each sport nominated and the **District Athletic Director** should review the names of the team members listed on the nomination form. The **High School Principal** should verify the accuracy of the grade average of each student listed.
- 7) Deadline dates for submitting Scholar/Athlete Team Award nominations are:
 FALL SPORTS: 1st **Friday** of December
 WINTER SPORTS: 1st **Friday** of March
 SPRING SPORTS: 3rd **Friday** of May

NOTE: Late nominations will be accepted up to 15 days beyond the deadline date, but are not eligible for final standings.

- 8) Any local press release/photos for Scholar/Athlete teams should be sent to the NYSPHSAA.
- 9) For questions relating to any aspect of the NYSPHSAA Scholar/Athlete Team Award Program contact the NYSPHSAA, Inc. at 518-690-0771.



Section V
Boys Lacrosse
Mission Statement

The primary goal of the Section V Boy's Lacrosse Program is to develop student-athletes of character and integrity who will serve as positive members of their individual school community and the greater society.

We believe that the following objectives will best enhance the Section's mission.

- . We will practice positive leadership and display the courage necessary to advocate just causes in the face of public and social pressures.
- . We will hold ourselves accountable and liable for our thoughts, feelings, and actions on and off the field play.
- . We will provide opportunities to promote personal excellence (self-discipline, teamwork, leadership, and fair play).
- . We will instill the passion, pride and commitment required to play lacrosse at the highest levels.
- . We will empower our players to exhibit the utmost character, respect, integrity, and sportsmanship both on and off the lacrosse field.

Through positive coaching by highly qualified coaching staffs through out Section V, each student athlete will be taught fundamentals, techniques, skills and to respect their opponent.

The Mission of Section V Boy's Lacrosse is to teach and play lacrosse with passion, with purpose, with respect for the sport and with pride.



Section V
Boys Lacrosse
Spectator Courtesy Code of Conduct

It is our belief that good sportsmanship on the part of spectators at Section V Lacrosse contests is as important as good sportsmanship on the part of the student-athletes.

The following guidelines for spectator conduct are expected as a means of continuing and strengthening the ties that exist between competing schools.

- Spectators are encouraged to be actively involved in positive behaviors that promote enthusiastic support for our interscholastic teams. Spectators should cheer for their teams rather than against others and recognize good play on either side of the ball. Discourteous or unsportsmanlike behaviors are unacceptable.
- No spectator should be involved in any of the following actions:
 - No one shall throw any object on to the playing surface. This action is equally dangerous to your team, other participants and spectators.
 - No one shall use unacceptable language when cheering or engage in any cheer that is demeaning to a team or an individual (players, coaches, referees, or other spectators).
 - No sound producing devices shall be used. This includes horns of any type, whistles, drums, etc.



Section V
Boys Lacrosse
Suggested Pre-Game Order of Events



- Team Warm Ups
(equipment checks with officials)
- Officials meet with captains at center field
- Officials meet with teams at their bench areas
(one official at each bench)
PA announcer reads sportsmanship statement
- National Anthem
- Starters for away team announced
- Starters for home team announced
- Starters line up at midfield - (Final statement by officials) - Shake hands
Coaches shake hands
- Game starts



**Monroe County Public School Athletic
Conference, Inc.**
www.mcpsac.org

February 15, 2011

**Taking a Position in support of Respectful Speech and Behaviors
in, at and around Interscholastic Athletic Contests**

On behalf of its member schools, the Monroe County Public School Athletic Conference, Inc. is committed to the promotion of high-spirited competition, fair play, and good sportsmanship at all interscholastic events and to the healthy communities that these qualities promote. Coaches, student-athletes, school staffs, and spectators are expected to pursue these goals in positive ways, with unqualified respect for the dignity and humanity of all people. While encouraging high-spirited engagement at athletic events, the Conference and its member schools stand firmly against any mean-spirited speech or behaviors that convey insult, intolerance, or disrespect. Slurs, taunting, ridicule, discrimination, abuse, and other such behaviors hurt individuals, poison the atmosphere of the athletic arena, and bring shame on us all.

Accordingly, the Monroe County Public School Athletic Conference, Inc. is developing a number of initiatives designed to promote a culture of respect for all people at all athletic events. Through educational programs, media, and the leadership of school administrators and coaches, the initiatives will establish and actively disseminate standards for behavior and speech at interscholastic athletic events. The programs will strengthen the understanding of all coaches, players, and spectators of what is and what is not acceptable, and will establish consequences for occasions where reasonable expectations are not met. When fully implemented, these programs will assure that incidents of abuse or disrespect do not tarnish healthy sporting events in our schools and will support essential educational elements of interscholastic athletics: the development of character, integrity, and respect for all.

“Be loud, be proud, be positive”
(Section V sportsmanship motto)



Section V – WYSC/WABO - Sportsmanship Rubric*



<u>Component/Group</u>	<u>Athletes</u>	<u>Coaches</u>	<u>Spectators</u>
<u>Cooperation</u>	Be Cooperative: <ul style="list-style-type: none"> ○ Be positive with my words and actions; ○ Use appropriate words without taunting or trash talking. 	Be Cooperative: <ul style="list-style-type: none"> ○ Be positive with my words and actions; ○ Be a positive behavior role model ○ Hold my athletes & fans to the same standards; ○ Exemplify leadership by having clear communication with players and parents. 	Be Cooperative: <ul style="list-style-type: none"> ○ Be a positive behavior role model ○ Refrain from taunting, trash-talking and derogatory remarks especially comments of an ethnic, religious, physicality, racial or sexual nature; ○ Remember to wait 24 hours after the game to address the coach with a concern; ○ Never confront an official at any time.
<u>Accountability</u>	Be Accountable: <ul style="list-style-type: none"> ○ My behavior matters for me, my family, my team, my school community. 	Be Accountable: <ul style="list-style-type: none"> ○ Abide by and teach the rules of the game in letter and spirit; ○ Describe and define respectful behavior. Avoid arguing, cussing, throwing objects, using gestures which demonstrate disrespect. 	Be Accountable: <ul style="list-style-type: none"> ○ Attending an interscholastic athletic event is a privilege; ○ Refrain from the use of any mind altering or unhealthy substance, including alcohol or tobacco products, when attending an athletic event. ○ Any pre-contest event should reflect a healthy, sporting atmosphere.
<u>Respect</u>	Be Respectful: <ul style="list-style-type: none"> ○ Treat all others including, coaches, athletes, officials and fans the way I want to be treated; ○ Treat officials with respect even if you disagree with their call; ○ During the playing of the National Anthem, face the flag, remove hats, stand still, and do not speak; ie. show full respect. 	Be Respectful: <ul style="list-style-type: none"> ○ Treat all others including, other coaches, athletes, officials and fans the way I want to be treated; ○ Treat officials with respect even if you disagree with their call; ○ During the playing of the National Anthem, face the flag, remove hats, stand still, and do not speak; ie. show full respect. 	Be Respectful: <ul style="list-style-type: none"> ○ Treat all others including, coaches, athletes, officials and other fans the way I want to be treated; ○ Treat officials with respect even if you disagree with their call; ○ During the playing of the National Anthem, face the flag, remove hats, stand still, and do not speak; ie. show full respect.
<u>Excellence</u>	Be Excellent: <ul style="list-style-type: none"> ○ Win with humility, lose with grace. Do both with dignity; ○ Always demonstrate good sportsmanship. <i>“Sportsmanship for me is when a person walks off a court and you really can’t tell whether he/she won or lost, when he/she carries themselves with pride either way”</i> <i>Jim Courier</i> 	Be Excellent: <ul style="list-style-type: none"> ○ Win with humility, lose with grace. Do both with dignity; ○ Always demonstrate good sportsmanship; ○ Shake hands with officials and opposing coaches before and after the contest in full view of the public. 	Be Excellent: <ul style="list-style-type: none"> ○ Recognize and show appreciation for an outstanding play by either team; ○ Remember that the coaches and officials are people just like you and deserve to be treated with the same respect you expect; ○ Make your children proud.

“Be loud, Be Proud, Be Positive” – Section V Sportsmanship Slogan

**Above information is copied and modified from the Webster C.A.R.E.s Everywhere handout - WABO*



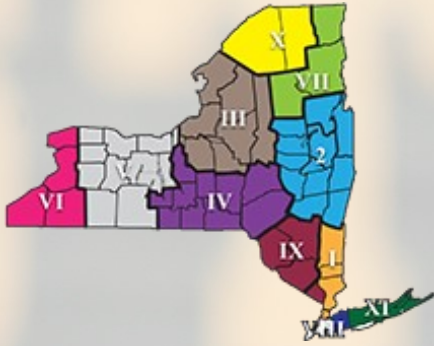
2015-16



**New York State Public High School
Athletic Association**

Boys Lacrosse Tournament Handbook

KEY DATES IN 2016



May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

- JUNE 1st— Out Bracket Games**

Section 10 at 3 at Cicero-North Syr.

* Class B (5:00) - C (7:00)

Section 2 at 1 at Yorktown

* Class B (3:30) - C (5:30) - A (8:00)

- JUNE 4th— Quarter Final Games**

Section 10/3 at 4 at Vestal HS

Section 5 at 6 at All High Stadium

Section 2/1 at 9 at Dietz Stadium

Section 11 at 8 at Hofstra

* Class B (1:00) - C (3:30) - A (6:00)

- JUNE 8th— Semi Final Games**

Section 6/5 at 10/4/3 at CNS

Section 2/9/1 at 11/8 at Hofstra

* Class B (3:30) - C (5:30) - A (8:00)

- JUNE 11th— Championships**

West at East at Middletown HS

* Class B (11:00) - C (1:30) - A (4:00)

NYSPLHSAA

Lacrosse Committee

SECTION 1	Joe Ceglia , Rye Neck High School 300 Hornidge Rd. Mamaroneck, NY 10543 jceglia@ryeneck.k12.ny.us	Home 914-522-7446 Cell 914-490-6513 School 914-777-4896 FAX 914-777-4891
SECTION 2	Bob Gula 65 E. Hite Court Schenectady, NY 12303 rgula@sgcsd.net	Home 518-355-0180 Cell 518-312-9786 School 518-382-1282 FAX 518-386-4311
SECTION 3	Rob Goss , Lowville H.S. Lowville, NY 13367 rgoss@lowvilleacademy.org	Home 315-376-2399 Cell 315-527-9778 School 315-376-9019 FAX 315-376-9016
SECTION 4	Andy Buchsbaum , Owego Apalachin CSD 1 Sheldon Guile Blvd. Owego, NY 13827 BuchsbaumA@oacsd.org	School 607-687-7302 Ext. 2081 FAX 607-687-4711 Cell 203-556-1431
SECTION 5	Mike Simon 3 Blossom Lane Geneva, NY 14456 mesimon70@aol.com	Home 315-789-2053 Cell 315-719-3102
SECTION 6	Ed Greenway , Williamsville E. High School Heim Middle School 175 Heim Road Williamsville, NY 14221 egreenway@williamsvillek12.org	Home 716-689-0682 Cell 716-866-5458 School 716-626-8600 FAX 716-626-8626
SECTION 8	Jim Amen , Manhasset High School 200 Memorial Place Manhasset, NY 11030 james_amen@manhassetsschools.org	Home 631-261-6816 Cell 631-896-6917 School 516-267-7551 FAX 516-267-7592
SECTION 9	Bob Slate 28 Fox Den Rd Saugerties, NY 12477 rslate@saugerties.k12.ny.us	Home 845-246-1422 Cell 845-532-6054 School 845-247-6561 FAX 845-246-1096

SECTION 10

Tim Youngs, Canton Central
 70 Schoolhouse Rd.
 Canton, NY 13617
 youngslax@yahoo.com

Cell 315-212-0502
 School 315-386-8561
 FAX 315-386-1239

SECTION 11

Tim Mullins, Bayport-Blue Point H.S.
 189 Academy St.
 Bayport, NY 11705
 tmullins@bbpschools.org

Home 631-968-2768
 Cell 631-834-1167
 School 631-472-7808
 FAX 631-472-7867

**MODIFIED
CHAIRMAN**

Gordie Pollard, 499 Skyline Drive
 Vestal, NY 13850
 Pookie6951427@gmail.com

Home 607-748-3834
 Cell 607-651-8532

CHSAA

John Fechtmann, Bishop Kellenberg HS
 1400 Glenn Curtiss Bld.
 Uniondale, NY 11553
 jfechtmann@verizon.net or
 mrfechtmann@kellenberg.org

School 516-292-0200 ext241
 Cell 516-375-6496
 Fax 516-292-2557

PSAL

John Murphy
 jmurphy18@schools.nyc.gov

Home 718-377-3577
 Cell 917-805-7886
 Fax 718-707-4224

**RULES
INTERP.**

Walt Munze
 P.O. Box 375
 Manlius, NY 13104
 waltmunze@aol.com

Home 315-682-2997
 Cell 315-427-0383
 FAX 315-682-2997

General Information

INFORMATION FOR COACHES

- The home section will wear white (light) colored uniforms.
- **Rosters and team photos** used for the souvenir program must be entered through the MaxPreps web site by school personnel. Instructions are on the state web site:
<http://www.nysphsaa.org/Forms/ForCoachesADs.aspx>.
- A **“Code of Conduct”** form must be filled out by each participating player, manager and coach and signed by the participants and (for students) their parents. Forms will be provided by the sectional chairmen. The team’s Head Coach will give all of the forms to the site chairman, who will return them to teams that advance. The site chairman will check the forms against the team roster to insure that there is a booklet for each member of the team. Forms must be in numerical order.
- All schools participating are to provide school personnel for supervision. Chaperones must identify themselves to the site chairman and sit or position themselves among their fans. It is the participating school’s responsibility to ensure that their students and fans exhibit good behavior. All signs and cheers must be positive.
- No raffles or contests will be permitted.
- Pre-game music is at the discretion of the host site chairman.
- Coaches are asked to limit their team size and the number of coaches and additional people in the bench area. There should be no mass promotions of Junior Varsity players.
- Team members and bus drivers are given free admittance. Others should be placed on a gate list and submitted to the site chairman, using the form in the appendix.
- All coaches are to stay off the field and out of the substitution area during the game.
- There will be a minimum of twenty-five minutes of warm up between games.
- When entering or exiting the field, please avoid traveling through the opponent’s bench area.
- Arriving teams **will not be allowed** on the field or in the end zones during the previous game’s award presentation.
- **No water, Gator Aid, ice, etc. will be dumped on coaches or players during or after the game. Sunflower seeds are not to be consumed on the field or bench area.**
- Post-game interviews will be held at the end of the field. Coaches are asked to clear their bench areas as soon as possible after the awards presentation.
- Only the Head Coach will communicate with the officials. “Head Coaches also shall be in control of and responsible for the actions of all non-playing members of their squad, and any and all persons officially connected with their school”. Athletic Directors, principals, superintendents and other school personnel will not communicate with the game officials. Coaches must remind all staff to be courteous at all times.



INFORMATION FOR SITE CHAIRMEN

- **Financial Issues**

- Out Bracket and Regional (Quarter Final) Games
 - Admission prices will be set by the host section.
 - Income and payment of bills will be controlled by the host section. The site director will work with the sectional treasurer for payment of contest bills and all income for these games will be sent to the sectional treasurer with the proper explanation of how income and expenses were generated..
 - Sectional vouchers will be used for the payment of facilities, site help, etc. and all persons who receive payment. **No payments will be made in cash.**
- Semi finals and Championship Games
 - 2014-15 prices are \$8.00 for semi finals and championship rounds.
 - All income will be sent directly to the NYSPHSAA treasurer, with the proper explanation as to how the income was generated. Banks may require the identification number (11-265-2408).
 - State vouchers will be used for all reimbursements. **No payment is to be made in cash.**

- **Field and Table Area Requirements**

- The field must be 60 yards wide and properly marked. Proper and adequate benches and a scoring table must be used as prescribed in the NFHS rule book.
- Spectators must be kept in proper areas for control and safety.
- Statisticians will not be permitted in the table area.

- **Game Day Issues**

- A “**Code of Conduct**” booklet must be filled out by each participating player, manager and coach and signed by the participants and (for students) their parents. Booklets will be provided by the sectional chairmen. The team’s Head Coach will give all of the booklets to the site chairman, who will return them to teams that advance. The site chairman will check the forms against the team roster to insure that there is a booklet for each member of the team. The forms are also available on the State web site at: <http://www.nysphsaa.org/Forms/ForCoachesADs.aspx>.
- All schools participating are to provide school personnel for supervision. Chaperones must identify themselves to the site chairman and sit or position themselves among their fans. It is the participating school’s responsibility to ensure that their students and fans exhibit good behavior.
- All signs and cheers must be positive.



- No alcohol will be allowed at the game sites.
- No raffles or contests will be permitted.
- Adults are to be used as timekeepers and Penalty Clock operators.
- Pre-game music is not allowed during the tournament.
- There will be a minimum of twenty-five minutes of warm up between games.
- Arriving teams will not be allowed on the field or in the end zones during the previous game's award presentation.
- No water, Gator Aid, ice, etc. will be dumped on coaches or players during or after the game. Sunflower seeds are not to be consumed on the field or bench area.
- Post-game interviews will be held at the end of the field. Coaches are asked to clear their bench areas as soon as possible after the awards presentation.
- Scores should be reported to the State Coordinator as soon as possible after the game.

- **Post-Game Awards**

- Awards
 - Regionals: The winning team receives the (round) Regional Championship plaque. All team members receive a (blue) certificate.
 - Semi finals: The losing team receives a (rectangular) plaque.
 - Championships: The Champions receive the (gold) plaque and the team members receive a (gold NYS shape) medal. The runner-up team receives a (silver) plaque and the team members receive a (silver NYS shape) medal. All team members receive (red) certificates.
- Awards Procedure
 - Teams line up for post-game hand shake.
 - Awards are presented to the runner-up.
 - Awards are presented to the champions.
- Awards Presenters
 - All NYSPHSAA awards will be presented by NYSPHSAA personnel only, including Executive/Central Committee, staff, coordinators, section officers and school administrators. They may be assisted by corporate sponsors, local dignitaries, etc.
 - If a NYSPHSAA Past President is in attendance, he/she may assist in the award ceremonies when the Executive Director/Assistant Director and current officers are not present.
- New York Sportsmanship T-Shirt
 - One player on each team playing in the semi final round will be awarded a NYSPHSAA



“Good Sport” t-shirt. The name and team for each recipient should be reported to the State Coordinator.

POLICIES

- **Ineligible Player or Team**

- Participation by an ineligible player or team in an post schedule tournament game (sectional, regional, semi final or final) shall result in forfeiture of that game. At the time of discovery, the school declared ineligible will be disqualified from the tournament immediately and their last opponent will advance in their place. Schools eliminated prior to the last opponent will not reenter tournament competition.

- **Protests/Protest Committee**

- The host site and/or the State Coordinator will assure that a Protest Committee to hear protests will be established at each site of post-sectional NYSPHSAA contests.
- The filing of a protest will follow the procedures in the approved rules of the sport or as established by a sports committee.
- As per NFHS 2015 Boys Lacrosse Rulebook—Section 13—page 86 “Correction of Errors”:
 - Art. 1. Misapplication of a rule—When a Head Coach believes an official (game official, bench official, timekeeper or scorer) has misapplied a rule, the Head Coach may approach the scorer’s table to request a coach/official time-out for the purpose of discussing a possible misapplication of a rule. This request shall be made prior to the next live ball. The timekeeper shall sound a double horn at the request of the Head Coach and the discussion shall take place in the table area in the presence of both head coaches.
- If the official has misapplied a rule, necessary adjustments will be made and an explanation will be given to both coaches. No time-out will be charged and play will immediately resume. If there was no error in the application of the rule, the time-out will be charged to the requesting team. If there is time remaining for the charged time-out, the Head Coach may utilize the amount remaining.
- The Head Coach may not debate a judgement call. The coach/official time-out is limited to the discussion of the possible misapplication of a rule. Decisions based on the judgement of the official(s) are final and not subject to review. The use of video monitoring, replay equipment or personal wireless communication devices by the official in making any decision relating to the game is prohibited.

- **Sportsmanship**

- The NYSPHSAA Sportsmanship Card is to be read at all post sectional contests from the regional level through the finals. Total team involvement is encouraged as well as the use of public address systems when available to inform all in attendance of the commitment to sportsmanship.
- Player/Coach Disqualification
 - Should a player or coach be ejected because of misconduct, the NYSPHSAA Sportsmanship Standard (#27) is in effect. The Standard requires the player or coach to “sit out” the next contest in the tournament series, or if occurring during the Finals or player or coach’s last contest of the tournament, the player must “sit out” the first contest of their next season of participation.

- Reporting of misconduct will be as follows:
 - Regional Contest: The Sectional Coordinator will inform the offending school to withhold the player/coach from the next level of competition. When contests are held at more than one site, the site director is responsible for informing the Sectional Coordinator who will notify the State Coordinator prior to the semi finals.
 - Semi finals/Finals: The Section Coordinator and the State Coordinator will monitor the offending team's "sit out" penalty during the semi finals and/or finals. For semi finals held at different sites on different dates than the finals, the Section Coordinator will notify the Site Director for the finals and the State Coordinator of any misconduct infractions that occurred at the semi finals.
- Ejections occurring during the championships must be reported to the Assistant Director for follow-up with the sections. Reporting should include the player name, school and a description of the incident on the Disqualification form (appendix).
- Should a coach/school request to appeal the penalty for violation of the Sportsmanship Standard, the NYSPHSAA Executive Director has designated the State Coordinator to act in his or her capacity to hear the appeal. The State Coordinator's decision will be final with not further right to appeal.
- **Thunder and Lightning**
 - The same policy used throughout the season is in effect for tournaments. That is, thunder and lightning requires that the game be stopped and that all players, spectators and others leave the stadium for appropriate shelter. The site director will have a plan for this contingency.
 - After a period of thirty minutes of no lightning or thunder, the game may be restarted.
- **Heat of Cold Procedures**
 - The same policy used throughout the season is in effect for tournaments. That is, if the "RealFeel index" is above 80 degrees, accommodations must be made and temperatures above 95 degrees require that the game be stopped. (See the appendix for specifics for heat and cold policies.)
- **Medical Services**
 - At all tournament games the State Coordinator and Site Directors shall ensure that emergency medical services are provided at all tournament sites.
 - Each contest site will have an Automated External Defibrillator and trained personnel provided as per New York State Education law.



Appendix

- Notes for the Public Address Announcer
- 2016 Calendar
- Code of Conduct Form (example)
- Heat/Cold Index Procedure
- Thunder & Lightning Policy
- Roster/Photo Instructions from MaxPreps
- Gate List Form
- Disqualification Form
- Sportsmanship T-Shirt Form
- Emergency Plans and Checklist
- Medical Services
- AED Form
- Accident Report Form
- Compensation guidelines memo
- Chief Bench Official Notes
- Officiating Fees and Policies (2015-17)

Notes for the Public Address Announcer

At the start of the game, the announcer will follow a script similar to the one below.

BEFORE THE GAME (EXAMPLE)

Welcome to the NY State Championship game for Class B between Jamesville Dewitt of Section Three and Garden City of Section 8. On the scoreboard, the J-D Red Rams will be noted as Cardinals and wearing white while the Garden City Trojans will be Opponents and be wearing maroon.

- Sportsmanship
“The New York State Public High School Athletic Association requires officials to enforce all sportsmanship rules for athletes and coaches. We will not tolerate negative statements or actions between opposing players, especially trash-talking, taunting or baiting of opponents. If such comments are heard or actions taken, a penalty will be assessed immediately. We have been instructed to not issue warnings. Let today's contest reflect mutual respect.”
- The National Anthem is played once (first game only)
- Line Ups
 - Starting Line for Visiting Team
 - Starting Line for Home Team

DURING THE GAME

- Goals : Scoring for (TEAM) is number (XX), (NAME) assisted by number (XX), (NAME).
Example:
“Scoring for Fairport is number 23, Brendan Saylor assisted by number 33, Connor Lowe.”
- Penalties : A (one-minute or thirty seconds) penalty for (TEAM) for (INFRACTION)
Do not include name or number of athlete
Example:
“A one-minute penalty for Fairport for Slashing.”
- Periodically (for regional and semi final games) announced the scores of other games and promote the teams that will be playing in the next round.
Example:
“ The winner of this game will face the winner of the East semi final on Saturday, June 6th at Vestal High School. Game time is 11:00 am.”

AFTER THE GAME

- Order of events:
 - Teams line up for post-game hand shake.
 - Introduce the presenters:
 - “At the center of the field are: (List dignitaries).”
 - Awards are presented to the runner-up first.
 - Awards are presented to the champions.

PA **NATIONAL ANTHEM** – Proper protocol is only **one** anthem
Semi-Finals Introduce starters, visiting team **first**. (dark jerseys)
Finals Introduce **ALL** team members. Starters **last**. Visiting team **first**.

OFFICIALS:

C-GAME

B-GAME

A-GAME

ANNOUNCEMENTS:

AWARDS PROCEDURE: ANNOUNCE (Fans please stay off the field.)

- (1) Handshake
- (2) Medal to runners up – **Announce each team member** – numerically
- (3) Plaque presented to coach
- (4) Medals to champion – **Announce each team member** – numerically
- (5) State plaque and Memorial Trophy to winning coach
- (6) Special Awards
 - Outstanding Defense Award
 - MVP Award

Class A **“Gordon Ohstrom Memorial Trophy”** “Emblematic of excellence in ability, dedication and sportsmanship.” The former lacrosse coach of Lafayette High School

Class B **“Joseph Frenchy Julian Memorial Trophy”** “Emblematic of excellence in ability, dedication and sportsmanship.” A long time official and past New York State Lacrosse Interpreter.

Class C **“Roy Simmons Memorial Trophy”** “Emblematic of excellence in ability, dedication and sportsmanship.” The former Hall of Fame coach of Syracuse University.

All three trophies were designed by ex Syracuse University Coach Roy Simmons Jr. They symbolize a unique achievement - the championship of America's number one lacrosse state.

2016 NYSPHSAA BOYS LACROSSE TOURNAMENT

OUTBRACKET

Wednesday, June 1st

Section 10 @ Section 3
5:00PM PM (B)-7PM PM (C)

@ Cicero N. Syracuse

REGIONAL GAMES

Saturday, June 4th

Section 10/3 @ Section 4
1:00 PM (B) - 3:30PM (C)
6:00PM (A)

@ Vestal High School

WEST CHAMPIONSHIP

Wednesday, June 8th

Section 6/5 @ Section 10/4/3
3:30 PM (B) – 5:30 PM (C)
8:00 PM (A)

@ Cicero No. Syracuse

WEST

CONFERENCE

Saturday, June 4th

Section 5 @ Section 6
1:00 PM (B) - 3:30 PM (C)
6:00 PM (A)

@ All High Stadium

OUTBRACKET

Wednesday, June 1st

Section 2 @ Section 1
3:30 PM (B) - 5:30 PM (C)
8:00 PM (A)

@ Yorktown H.S.

REGIONAL GAMES

Saturday, June 4th

Section 2/1 @ Section 9
1:00 PM (B) - 3:30 PM (C)
6:00 PM (A)

@ Dietz Stadium, Kingston NY

EAST CHAMPIONSHIP

Wednesday, June 8th

Section 2/9/1 @ Section 11/8
3:30 PM (B) - 5:30 PM (C)
8:00 PM (A)

@ Hofstra University

EAST

CONFERENCE

Saturday, June 4th

Section 11 @ Section 8
1:00 PM (B) - 3:30PM (C)
6:00 PM (A)

@ Hofstra University

⇒ STATE CHAMPIONSHIP ⇐

SATURDAY, JUNE 11TH

11:00 AM (B) 1:30 PM (C) 4:00 PM (A)

@ Middletown HS

PARENT RELEASE FORM
EMERGENCY MEDICAL CARE

Your son/daughter has qualified to participate in a NYSPHSAA Championship. In order to ensure he/she receives the proper medical care as needed you must provide the health information below. By signing this form you are authorizing the school's coach or administrator, or tournament official to act on your behalf in authorizing emergency medical, dental, surgical care and hospitalization for your son/daughter in your absence.

Thank you for your cooperation.

(Athlete Name) (Birthdate)

(Address) (Phone)

(Parent/Guardian Name) (Address) (Home&Business phone)

(Athlete's School) (Principal) (School phone)

(Who to contact in case of emergency, other than parent/guardian) (Phone)

(Family Physician) (Phone number)

(Allergies or special conditions)

I have read and understand the above parent release form. I do hereby authorize the care referenced above for my child; and I do further release the NYSPHSAA and its agents from any claim whatsoever on account of care authorized pursuant to this emergency medical care release form.

(Parent/Guardian Signature) (Date)

Code of Conduct

For Regional & Championship Competitions



Responsibilities and Guidelines for
Athletes and Coaches Participating in
Regional and Championship Contests

An athlete will not be allowed to participate
without this form completed!

Introduction

Any New York State Championship must achieve a standard of Excellence which places it beyond criticism either from an organizational or educational point of view. In essence, each championship represents all of New York scholastic sports and if, for any reason, something disrupts a championship, then the impact of such disruption will be felt by the NYSPHSAA, Inc. and its member schools. What appears at present to pose the greatest threat is the misbehavior of athletes or the lack of supervision responsibilities by coaches while attending such championships.

Code of Conduct for Athletes

1. Use of alcoholic beverages, tobacco products and other drugs (unless prescribed by a physician) will not be tolerated.
2. All curfews and bed checks will be adhered to as set up by the supervisor or coach in charge.
3. Athletes are responsible for their conduct in regard to public property such as: hotel rooms, transporting vehicles, field and courts, locker rooms, etc. Athletes or the school that they represent will be held financially responsible for any damage that they incur.
4. Hotel rooms will be inspected by the supervisor and the occupants of each room prior to the occupying of each room and again before check-out.
5. Athletes must use transportation authorized by their section and school to and from the event.
6. There will be no gambling of any kind.

General Guidelines

1. Athletes should stay in groups when traveling or sightseeing. DO NOT TRAVEL ALONE or leave the group.
2. Athletes should make sure the supervisor/coach knows where they are, who is with them, and when they will return when leaving the general area of the contest.
3. Dress for all trips should be neat, clean and socially acceptable. Athletes are representing their Section as well as their own school district. All actions reflect on these institutions.

Violation - Penalties

If an athlete violates an established rule, the coach or supervisor in charge has the responsibility of disciplining the athlete using the following guidelines:

1. If the violation is prior to the contest or event, the athlete will not be allowed to compete in the contest or further contests. The Section and home school will be notified and a recommendation from the Section for disciplinary action will be given.
2. If the violation is after the contest or event, the home school will be notified and a recommendation from the Section for disciplinary action will be given.
3. If a situation becomes intolerable, the parents and school will be notified immediately and arrangements will be made to transport the athlete home, at Section/school expense, and in the custody of a Section/school representative. If proper action is not taken by the home school, sanctions may be imposed by the Section and/or State Association against the athlete or school district.

I have read and understand the Code of Conduct.

Athlete Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Coaches/Supervisors Responsibilities

1. Enforce Code of Conduct for athletes. Discipline violators on the spot. Report problems to supervisors and send written reports to the Section and home school district.
2. Set curfews and bed checks and implement them.
3. Be responsible for athletes from departure point of trip until trip is completed and ensure that all athletes have transportation to their home.
4. Conduct room checks and inspection of hotel room with occupants of each room prior to the night's stay, and check/inspect each hotel room after the night's stay. Report any damage, which will be the responsibility of the occupants of the room.
5. Submit Hotel Report form to hotel.
6. Make sure all parent signature slips are in and emergency information is complete.
7. Notify proper authorities in cases of serious injury to athletes.
8. Know where athletes are at all times.
9. Abstain from the use of alcohol and controlled substances (unless prescribed by a physician). If violated the protocol/possible penalty is: 1) the school and Section will be notified; 2) documentation of the incident will occur; and 3) a recommendation from the Section for disciplinary action will be given.
10. Abstain from gambling of any kind.

I understand my responsibilities to my athlete(s) and expectations of my behavior.

Coach/Supervisor Signature _____ Date _____

CONSENT FOR USE OF PHOTOGRAPHY FOR PUBLICITY OR ADVERTISING PURPOSES

I do hereby consent to the use of my photographs in association with any production, media, or news events for the New York State Public High School Athletic Association.

I understand that the New York State Public High School Athletic Association may use my photographs or stories in publications, press materials, web sites, and print and television advertisements promoting the New York State Public High School Athletic Association, its philosophies, and programs.

I hereby irrevocably consent to and authorize the use and reproduction by you, or anyone authorized by the New York State Public High School Athletic Association, of any and all photographs which you have taken during this sport season of me, negative or positive, for any purpose whatsoever, without compensation to me. All negatives and positives, together with prints shall constitute the property of the NYSPHSAA, solely and completely.

I hereby consent to the use of my photograph(s). (sign only if 'yes')

Athlete Signature _____ Date _____

Parent/Guardian Signature _____ Date _____



HEAT INDEX PROCEDURES

Administration of Heat Index Procedures:

- Heat index will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- The athletic trainer, athletic director, or school designee will use the accuweather.com website to determine the heat index for the area of the contest/practice. The accuweather.com website can be reached through the NYSPHSAA website. Once a person is on the accuweather.com website, they will put in the zip code for the location of the contest/practice and the website will give them the air temperature as well as the RealFeel temperature (heat index).
- If the RealFeel temperature (heat index) is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the RealFeel (heat index) at halftime or midway point of the contest. If the RealFeel (heat index) temperature is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	RealFeel (Heat Index) under 79 degrees	Full activity. No restrictions
R E C O M M E N D E D	Heat Index Caution: RealFeel (Heat Index) 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: RealFeel (Heat Index) 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when RealFeel temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: RealFeel (Heat Index) 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when RealFeel temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: RealFeel (Heat Index) 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Approved May 1, 2010



WIND CHILL PROCEDURES

Administration of Wind Chill Procedures:

- Wind Chill will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 39 degrees (Fahrenheit) or lower.
- The athletic trainer, athletic director, or school designee will use the accuweather.com website to determine the heat index for the area of the contest/practice. The accuweather.com website can be reached through the NYSPHSAA website. Once a person is on the accuweather.com website, they will put in the zip code for the location of the contest/practice and the website will give them the air temperature as well as the RealFeel temperature (wind chill).
- If the RealFeel temperature (wind chill) is 10 degrees or below, the athletic trainer, athletic director, or school designee must re-check the RealFeel (wind chill) at halftime or midway point of the contest. If the RealFeel (wind chill) temperature is -11 degrees (Fahrenheit) or lower, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	RealFeel (wind chill) above 40 degrees	Full activity. No restrictions
R E C O M M E N D E D	Wind Chill Caution: RealFeel (wind chill) 36 degrees to 20 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing.
	Wind Chill Watch: RealFeel (wind chill) 19 degrees to 10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss.
	Wind Chill Warning: RealFeel (wind chill) 9 degrees to -10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss. Consider postponing practice to a time when RealFeel temp is much higher. Consider reducing the amount of time for an outdoor practice session.
REQUIRED	Wind Chill Alert: RealFeel (wind chill) -11 degrees or lower	No outside activity, practice or contest, should be held.

Special Note: Alpine Skiing will be exempt from this policy and will follow the regulations of the host ski center where the practice or event is being held.

Approved May 1, 2010

To: Athletic Directors, Executive Directors, Sport Coordinators, Safety Committee, Executive Committee

From: Todd Nelson, Assistant Director NYSPHSAA

Date: May 25, 2010

Re: AccuWeather Website – Heat Index/Wind Chill

Clarification for determining Heat Index/ Wind Chill in your zip code:

1. Log onto **AccuWeather.com** by using the association website, www.nysphsaa.org, we recommend saving this site to your computer or phone.
2. Once you have entered the zip code for your practice or contest site you will see the home page for the local forecast. **DO NOT USE THE TEMPERATURE** on this page.
3. Click onto **Hourly Forecast**, and you will be linked to a chart similar to the one below. Please use the current hour RealFeel temperature for your zip code to take the appropriate action for your practice or contest.

	Tue 3pm	4pm	5pm	6pm	7pm	8pm	9pm	Tue 10pm
	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Forecast	Sunny	Partly Sunny	Partly Sunny	Sunny	Sunny	Sunny	Clear	Clear
Temp (°F)	84°	87°	87°	87°	86°	81°	77°	74°
RealFeel®	89°	89°	86°	85°	85°	80°	75°	74°
Wind (mph)	6 WSW	6 WSW	7 WSW	6 WSW	5 SW	5 SW	4 SSW	3 SSE
Humidity	46%	43%	42%	44%	47%	53%	60%	67%
Dewpoint	61	62	61	62	64	62	62	63

If you have any questions or comments please feel free to contact the association office.
We thank you for all that you do for our student athletes.

NYSPPHSAA
THUNDER & LIGHTNING POLICY

(Effective 10/25/04)
(Revised October 20, 2008)

Applies to regular season through NYSPPHSAA Finals:

1) Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning.

a) With your site administrator, set up a plan for shelter prior to the start of any contest.

2) When thunder is heard and/or when lightning is seen, the following procedures should be adhered to:

a) Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car).

b) Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.

c) After thunder and/or lightning have left the area, wait 30 minutes after the last boom is heard or strike is seen before resuming play or competition.

PROGRAM ROSTERS /TEAM PHOTOS

Submitting Rosters for Championship Programs

Section coordinators/schools/coaches must follow the roster submission procedure to ensure their roster appears in the program. Rosters should only be submitted via the nysphsaa.org web site. Here are the revised instructions:

As of the 2013-14 school year, MaxPreps and the NYSPHSAA are extremely excited to launch a joint-partnership that will provide team information entered into MaxPreps directly to the NYSPHSAA.

The partnership will provide member schools with a single process to report schedules, scores, and box score information. MaxPreps will automatically provide the following information to the NYSPHSAA:

***Rosters Information**

***State Records**

***Team Pictures**

***Statistical Leaderboards**

In order to efficiently manage the above initiatives and equitably promote all member schools, coaches are instructed to submit complete box score information to MaxPreps after each contest. NYSPHSAA will also require teams who qualify for state championships to submit their photo and roster on MaxPreps for championship program purposes.

*****If you do not have your “access code” to your team account, MaxPreps will send coaches and Athletic Directors an easy set-up guide with their “access code” prior to the start of the season. You can also contact MaxPreps support staff directly at 800-329-7324x1 or email support@maxpreps.com to get your “access code” at any time.**

HOW DO I LOAD MY ROSTER AND TEAM PHOTO ONCE I SIGN IN?

1. After you sign into Maxpreps.com with your email and password, hover over test in the upper right-hand corner that says “hi, Your First Name” to access your admin account. IMPORTANT: you can contact MaxPreps at 800-329-7324x1 or email support@maxpreps.com if you don’t have your “access code” already.
2. Once you go to your team page you can upload your roster by clicking “Roster” in the horizontal menu bar.
3. From the Roster page, you have a few options to update your roster:
 - *You may “Copy Roster From Last Year”
 - *To add individual athletes, select “+Athlete”

*You may also email your roster to rosters@maxpreps.com and MaxPreps team will load them in 3-5 business days.

4. To load your team photo, go back to your team admin homepage by clicking “HOME” in the horizontal menu bar.

5. Then click on “Photo” in the “Mascot & Team Photo” section in the lower right-hand section of the admin homepage.

6. From there simply click “Choose File” and select the file from your computer, then click “Submit” and you are done!

WHAT IS NEXT?

Enter your stats, print season totals, email media and more – all for free, all from your team;s admin. MaxPreps helps you save time while getting your athletes the recognition they work so hard for!

- *Entering stats is quick and easy; averaging less than 15 minutes per game
- *Stat entry automatically creates averages & totals for useful coach insight
- *Instantly send stats to all your local media with one click
- *Manage more efficiently with Varsity, JV, & Freshman information all on 1 site
- *Keep your team & fans informed by posting coach notes & calendar events to your page
- *Find games, tournaments, & fill coaching positions quickly & easily in our national directories

In addition, for detailed questions about MaxPreps partnership with the NYSPHSAA you may contact MaxPreps

New York Representative Megan Nelson at 530-313-9171 or mnelson@maxpreps.com . FOR INQUIRIES WITH THE NYSPHSAA OFFICE, CONTACT Todd Nelson (tnelson@nysphsaa.org).



NYSPHSAA Championship

School Gate List

School: _____

Championship Event: _____

Date: _____

Site: _____

Please write down the number of players and bench personnel your school will be bringing to the Championship event. Please note that each sport has a maximum number of players and bench personnel allotted for each school. If your school chooses to bring more than the maximum number allowed the NYSPHSAA will bill the school for the difference. We will use these numbers to prepare the proper credentials and awards for your school.

of players _____ # of Bench Personnel _____

Note: This list below is designed for school administration and appropriate school personnel. The list is limited to a maximum of 8 individuals and is exclusive of the team players and bench personnel. If your school wishes to have more than 8, the NYSPHSAA will bill the school for the additional individuals. Team photographers can be listed on the Gate List but they will NOT have access to the field. They are allowed in the same areas as spectators. This list should be faxed to the NYSPHSAA office (518-690-0775) or email (tnelson@nysphsaa.org) two days prior to the championship event. Please type or print names and titles.

Name

Title

- | | |
|----------|-------|
| 1. _____ | _____ |
| 2. _____ | _____ |
| 3. _____ | _____ |
| 4. _____ | _____ |
| 5. _____ | _____ |
| 6. _____ | _____ |
| 7. _____ | _____ |
| 8. _____ | _____ |

Athletic Director or Principal: _____ Date: _____
(signature)

NYSPHSAA Staff Approval: _____ Date: _____
(signature)



**NYSPHSAA CHAMPIONSHIP TOURNAMENT SPORTSMANSHIP
DISQUALIFICATION FORM
FOR
PLAYER OR COACH**

This form must be used for all sports.

Date Filed: _____

Sport: _____

Level: Regional ____ Semi ____ Final ____

Date of Event: _____

Contest/Event: _____

Name of disqualified Player/Coach (circle one): _____

School: _____

Reason for Disqualification:

☐ Unsportsmanlike or flagrant misconduct - physical

☐ Unsportsmanlike or flagrant misconduct - verbal

Description:

Signature of Official who declared disqualification: _____

State Coordinator (or designee) must file this report **within 3 days** of disqualification incident to:

Bob Stulmaker, Assistant Director
NYSPHSAA
8 Airport Park Blvd.
Latham NY 12110

Note: The disqualified athlete/coach is ineligible for the next level of the NYSPHSAA tournament play. Disqualification from one season carries over to the next season of participation. (NYSPHSAA Eligibility Standard #27, 2010-2012 Handbook, page 103)

New York Sportsmanship Promotion T-Shirt Recipients

INDIVIDUAL SPORT REPORTING FORM

Award to one (1) athlete per Section (NYSPHSAA athletes only)

Individual Sport _____ (name your sport)

Section	Name	School	Grade
			ex: 9, 10, 11, 12
Section 1	_____	_____	_____
Section 2	_____	_____	_____
Section 3	_____	_____	_____
Section 4	_____	_____	_____
Section 5	_____	_____	_____
Section 6	_____	_____	_____
Section 7	_____	_____	_____
Section 8	_____	_____	_____
Section 9	_____	_____	_____
Section 10	_____	_____	_____
Section 11	_____	_____	_____

TEAM SPORT REPORTING FORM

Award to one (1) athlete per team (NYSPHSAA athletes only)

Team Sport _____ (name your sport)

<u>Name of School</u>	<u>Section</u>	<u>Athlete Name</u>	<u>Grade</u>
			ex: 9, 10, 11, 12
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____
8	_____	_____	_____
9	_____	_____	_____
10	_____	_____	_____
11	_____	_____	_____

EMERGENCY PREPAREDNESS AND CROWD CONTROL POLICIES AND PROCEDURES

The implementation of the following procedures is the responsibility of the site chairperson:

1. Review site emergency plan and incorporate relevant sections into an emergency preparedness and crowd control plan. In absence of a pre-existing plan, a plan must be developed.
2. Become familiar through consultation with local police and fire departments, and school personnel (if school site is used) of the protocol to be followed in the event of activated fire alarms, bomb threats and other disturbances.
3. Assure championship site is secure prior to the scheduled opening time and arrival of teams and spectators.
4. Work with police or appropriate personnel to provide efficient and safe auto and pedestrian routes to and from the game site. Prepare or obtain maps/charts illustrating evacuation routes.
5. Arrange for supervision until all spectators and student-athletes have left the game site. Prepare a supervision chart and inform the assigned personnel of their duties before, during and after the game. Supervisory personnel on duty should have some type of distinctive marking that can be recognized by spectators and participants, e.g., distinctive colored jackets, arm bands, or badges.
6. When not otherwise provided, arrange for adequate police supervision before, during and after the contest.
7. Inform participating schools:
 - if metal detectors and/or searches will be utilized.
 - supervision responsibilities (ratio of chaperones to students), parking facilities, seating arrangements for spectators, cheerleading guidelines and location of squad area, and directions to site.
 - post game activities and protocol, e.g., sportsmanship handshake and award presentations, sportsmanship code of conduct.
 - noise maker policy, if any.
8. Meet with the principal or representative of each competing school/section upon their arrival to discuss final details including:
 - location of each school's supervisory personnel.
 - location and directions to dressing/locker rooms.
 - security procedures to protect players' clothing and valuables.
9. Provide parking for officials and emergency medical personnel.
10. Secure a competent announcer who will be familiar and have possession of scripted materials to broadcast in case of emergency.

**NYSPHSAA Regional/Championships
Emergency Preparedness and Crowd Control**

CHECK LIST

Directions: Please instruct your site chairperson(s) to verify each of the following measures will be in place at the time of your sport's state tournament.

Have this list checked and signed prior to the state tournament. Forward a copy to the NYSPHSAA office, c/o Assistant Director.

- ☐ A site emergency plan is in place for the state tournament.
- ☐ The local authorities (fire department, police, school personnel) have been contacted on reacting to an emergency.
- ☐ Plans have been made to have the tournament site secured prior to team/spectator arrival.
- ☐ Evacuation routes for cars and pedestrians are planned.
- ☐ Proper supervision (police and non-police) including duties outlined and times to remain on site has been arranged.
- ☐ Participating schools have been notified of all emergency and crowd control measures that will be in place before, during and after the tournament.
- ☐ Parking for contest officials and emergency medical personnel has been provided.
- ☐ Our announcer will be familiar and possess a copy of what to broadcast in case of emergency.

Sport: _____ Date: _____

Signature/Title: _____

MEDICAL SERVICES

At all regional, semifinal and championship events the State Coordinator/Site Directors shall ensure that emergency medical services are provided at all tournament sites.

- ☐ All NYSPHSAA tournament sites must have an emergency medical person on-site to give immediate care to participants, as well as spectators. Appropriate personnel include physicians, athletic trainers, EMTs, emergency squads and the like. Several persons on the tournament committee, including the site director, should know of and carry the phone number for the local ambulance squad.

These personnel are provided to administer emergency services only and are not authorized to provide preventive taping or other pregame medical procedures.

- ☐ If a physician is assigned and/or designated by the NYSPHSAA, Inc. or any of its subdivisions for post-schedule competition, that physician shall have the final decision making authority concerning the entry/re-entry of an athlete to competition at the particular contest; provided however a participating school may use its own physician for final decision making if it provides a statement by the chief school officer stating the school agrees to indemnify and hold harmless the NYSPHSAA or any of its subdivisions from any claims or lawsuits brought against the NYSPHSAA or any of its subdivisions based on the decision made or advise given by the school district provided physician. (approved effective '96-'97)
- ☐ Each contest site will have an AED (Automated External Defibrillator) and trained personnel provided as per NYS Education law.
- ☐ Completion of an accident report for all incidents, except automobile, is required. Such reports are to be filed with the NYSPHSAA Assistant Director. (see page 11)

NYSPHSAA Championship Tournament

AED Provision

Directions: Please complete the form below indicating that the State Championship tournament site(s) will have an Automated External Defibrillator(s) (AED) provided with trained personnel available for the AED's proper operation in case of an emergency. Return this form at least 30 days prior to the State tournament date to the NYSPHSAA in the enclosed envelope (may also email or fax).

☐ An AED and trained personnel to operate an AED will be present at the site(s) being used for the NYSPHSAA State Tournament (semi's and finals) in my sport.

☐ The personnel and equipment will be provided by:

(name of organization or institution/school)

☐ No AED's nor trained personnel can be secured. I request assistance in meeting this provision.

Signature _____ Sport _____ Date _____

NYSPHSAA Championship Tournament

Accident Report other than Automobile

Insured's Name: _____
Address: _____ Phone: _____
Contact Person on this Claim: _____ Phone: _____
Date of Accident _____ Time: _____ Location: _____
Description of Accident: _____

PERSON CLAIMING INJURY OR DAMAGE

Name: _____ Age: _____ Phone: _____
Address: _____
If Property, Describe: _____
If Injury, Describe: _____
Taken to Hospital?: _____ Doctor: _____
If accident occurred on insured premises, why was person on the premises?: _____

WITNESSES

Name: _____ Phone: _____
Address: _____
Name: _____ Phone: _____
Address: _____
Any Policy Involved: _____
Additional Comments, If Any: _____

Person Completing This Report: _____ Date: _____
Email: _____

Complete and Return this form to:

Bob Stulmaker, Assistant Director

NYSPHSAA, Inc.

8 Airport Park Blvd.

Latham NY 12110

NYSPHSAA, Inc
Standardized Pay Rates

	RATE
Athletic Trainer	\$35/hour
PA Announcer-Team Sport	\$30/game
PA Announcer- Individual Sport	\$15/hour
Media Gate	\$15/hour
Ticket Sellers	\$15/hour
Ticket Takers	\$15/hour

CBO Duties

- 1.) Violations of the coaches/bench and table area rules
- 2.) Any Unsportsmanlike acts that occur within the coaches, bench, & table areas.
- 3.) Any Illegal - crosse exchange.
- 4.) A player who has been substituted for -- not leaving the field of play at the table area.
- 5.) Off sides
- 6.) Too many players on the field.
- 7.) Delayed substitution.
- 8.) Time-outs.
- 9.) Count of crosses when requested.
- 10.) Violations related to special substitutions.

CBO Mechanics:

Work in a triangle motion moving from deep box opposite offense to Mid line on transition watching for off sides (communicate to trail official) then to opposite deep viewing new offense. Stay one yard above the team restraining line so that you can see players that are the above the "Get Back "area or actually in the substitution area unless eminent substitution. Refrain from just standing at the midline during settled offensive play. Be aware of illegal contact of players exiting and entering the field. Make sure the players entering the field back away from the exiting players. Screen off any coach that is entering the area beyond the coaches' line / substitution box. Deflect coaches' comments...make the unsportsmanlike call if absolutely necessary. Field officials need to quickly and firmly support the CBO 's call.

CHIEF BENCH OFFICIAL

ART. 1 . . . When assigned by an assigning authority, an official acting as the chief bench official shall have supervision over the timer's table and complete jurisdiction over the timer, scorer, coaches area and both benches. The chief bench official (CBO) shall wear the same uniform as the other officials and shall have a whistle, flag and horn. The horn shall be provided by the home team.

ART. 2 . . . The CBO shall supervise and have complete jurisdiction over the timekeeper, penalty timekeepers, scorers, coaches, substitutes and any other persons within the bench areas, the substitution area and the penalty box.

The assigned chief bench official also shall be empowered to count crosses when requested and call the following:

- a. Violations of the coaches-, bench- and table-area rules.
- b. Any unsportsmanlike acts that occur within the coaches, bench and table areas.
- c. Any illegal-crosse exchange.
- d. A player who has been substituted for not leaving the field of play at the table area or bench area.
- e. Offside.
- f. Too many or too few players on the field.
- g. Delayed substitutions.
- h. Time-outs.
- i. Count crosses when requested.
- j. Violations related to substitution.

If the CBO becomes aware of any of the above infringements, he shall, depending on the circumstances, either throw a signal flag or blow his whistle, and apply the appropriate penalty. Additionally, when the CBO becomes aware of a player committing an act of flagrant misconduct, then, if the act is away from the current area of play and is unlikely to have been seen by the on-field officials, the CBO shall either throw a signal flag or blow his whistle, as appropriate. When a whistle has stopped the play, the CBO shall inform the referee of what has happened and the CBO shall make the appropriate call.

ANY GAME THAT IS UTILIZING A CBO..PLEASE MAKE SURE THE OFFICIALS ARE AWARE OF THIS...THIS DOCUMENT WAS CREATED BY WALT MUNZE....

NEW YORK STATE PUBLIC HIGH SCHOOL
ATHLETIC ASSOCIATION, INC.

**OFFICIATING
FEES
&
POLICIES
2014-2015**



REGIONAL SEMI-FINAL CHAMPIONSHIP
CONTESTS

NYSPHSAA, INC. Officiating Fees and Policies

(regional, semi-final, and championship)

I - GENERAL POLICIES

- A. The selection of officials from a section to service NYSPHSAA, INC. tournament contests is the responsibility of the section's sport committee.
- B. In team sports, the best available officials from each section shall be selected. Assignments will not be made on a chapter by chapter or rotating basis.
- C. For the selection of officials, if a section does not present a candidate for an assignment (for whatever reason), the state sport committee will accept additional nominations of qualified officials from other sections.
- D. The state sport chairperson (or designee) will notify each selected official in writing of NYSPHSAA fees, policies, accommodations and tournament schedules as they apply to the official's selection. Provision for the official to acknowledge his/her selection shall be made.
- E. To gain approval for an increase in the number of officials used in team sports at NYSPHSAA, Inc. tournament contests, that number of officials must be used in sectional tournament play in a majority of the sections.
- F. Sport Coordinators, Section Treasurers, and Tournament Directors must direct, in writing, any questions relative to officiating expenses to the NYSPHSAA, Inc. Executive Director.
- G. A review of the NYSPHSAA, Inc. Championship Tournament Fees/Policies will be conducted every three (3) years.
- H. When neutral officials are selected, they must be assigned from the nearest non-participating Section.
- I. No revision to an existing fee or policy may occur without the initial approval of the NYSPHSAA Championship Advisory Committee.
- J. In Regional competition, the use of host officials will occur unless mutually agreed upon by the participating Sections.

II - FEES POLICIES

- A. The same fees for girls' and boys' programs will be adopted, except for those contests with a variance in playing time.
- B. **NO ONE** is authorized to pay a fee in conducting a championship tournament contest other than those fees established by the NYSPHSAA, Inc.
- C. If a contest fee has not been established by the NYSPHSAA, Inc., the Sport Coordinator must contact the Executive Director of the NYSPHSAA, Inc. for approval of a fee.
- D. In team sports, officials assigned the final round contests (championship games) will receive an additional \$10.00 above the established fee.

III - FEES/REIMBURSEMENT

A. **MILEAGE:** When travel is reimbursed by the NYSPHSAA, INC. mileage will be paid from the section where the officials' chapter is located according to the NYSPHSAA, INC. Mileage Chart @ 40¢ per mile. Primary host section tournament officials will receive a transportation fee of \$20.00 per day. Transportation will be paid for **one** car per officials' chapter. *Exception: When it is more economical or practical to do so, transportation will be paid for more than one car per officials' chapter.

B. **TOLLS:** Toll charges will be reimbursed with **necessary receipts** from the section where the officials' chapter is located to the tournament site. *For round trip reimbursement of tolls (road and/or bridge), only one-way receipts will be required. **Host section** officials are eligible for bridge toll reimbursement only. For E-Z Pass reimbursement, exit numbers (on/off) and/or bridges must be identified. For E-Z Pass, no receipts are required, unless otherwise required by host section policy.

C. **LODGING:** Lodging for each official, when needed, will be arranged and provided by the NYSPHSAA. Officials will be offered double occupancy per night. Officials selecting their own lodging will be reimbursed at the NYSPHSAA secured rate. Where possible, the NYSPHSAA will assume room only charges with a direct billing arrangement in place.

Officials working consecutive days shall receive lodging expense. Lodging for the night prior to, or after a contest shall be determined by the tournament director depending on the distance traveled and the time of the contest.

D. **MEALS:** Meal expense shall be determined by the tournament director depending upon the distance traveled and the time of the contest. Where approved, maximum reimbursement will be \$40.00/day as follows: Breakfast: \$10, Lunch: \$10, Dinner \$20.

E. For team sports that utilize an additional number of officials for NYSPHSAA tournament play, a standby official will not be assigned. In the event an official cannot complete the contest the remaining officials will return to the system utilized during regular season play.

F. All **minor** officials in any team sport acting in a **decision making** capacity will receive \$30.00 per contest, no expenses (ex: lines person, goal judge, etc.).

G. All **minor** officials in any team sport acting in a **non-decision making** capacity will receive \$25.00 per contest, no expenses (ex: chain crew, scorekeeper, etc.)

H. Any official who travels to a tournament site and was not notified that the contest that day was canceled or postponed to another date will be reimbursed 1/2 the contest fee plus transportation (mileage at 40¢/grid chart and tolls with receipts OR E-Z Pass).

I. Should a contest be interrupted/suspended and resumed the following day (or later), a full contest fee with allowable reimbursement for expenses will be paid for each day.

NYSPHSAA, Inc. Transportation Mileage Chart

(mileage listed round trip) as of 9/96

SECTION	1	2	3	4	5	6	7	8	9	10	11	NYC
1 Mt.Kisco		240	540	340	690	840	550	100	120	720	200	90
2 Albany	240		280	280	450	580	300	340	230	430	440	300
3 Syracuse	540	280		150	170	320	490	640	390	280	740	580
4 Binghamton	340	280	150		290	420	500	440	230	430	540	370
5 Rochester	690	450	170	290		150	660	780	540	440	880	750
6 Buffalo	840	580	320	420	150		780	930	690	560	1030	880
7 Plattsburgh	550	300	490	500	660	780		680	510	190	780	630
8 Vineola	100	340	640	440	780	930	680		240	790	100	40
9 Middletown	120	230	390	230	540	690	510	240		670	340	100
10 Potsdam	720	430	280	430	440	560	190	790	670		900	760
11 Riverhead	200	440	740	540	880	1030	780	100	340	900		140
New York City	90	300	580	370	750	880	630	40	100	760	140	

Officiating Services Travel Reimbursement will be paid at 40¢/mile (round trip) according to the chart above, from the section where the official's chapter is located. Transportation will be paid for one (1) car per officials chapter. A daily transportation fee of \$20.00 will be paid to officials from the host section.

LACROSSE - BOYS

EFFECTIVE DATES: 9/1/14-8/31/15

CONTEST FEE PER OFFICIAL \$94.00

NUMBER OF OFFICIALS/CONTEST: 3 field officials

Chief Bench Official (Regionals on): \$94.00 (no meals, mileage or lodging)

SELECTION PROCESS:

Regionals: 3 officials. See J under General Policies.

Semi-finals: Each participating section of each conference will supply 1 official.

Finals: Host conference supplies 3 field officials

- . THE OFFICIAL IS TO PAY ALL PERSONAL EXPENSES. (see lodging exception)
- . SEE FEE REIMBURSEMENT POLICIES FOR ALLOWABLE CLAIMS.
- . VOUCHERS SHOULD BE SUBMITTED IMMEDIATELY AFTER THE CONTEST.